

Curriculum Vitae
SONYA N. CARSON Ed.D, LCSW-S
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Orcid ID:

EDUCATION

Doctorate in Counselor's Education: Texas Southern University, Houston, TX, August 2018

Dissertation: The influence of demographic, cultural and environmental factors on the perceptions of African American college students toward mental illness and counseling

Chair: Dr. Candy H. Ratliff

Master of Social Work: University of Houston Graduate College of Social Work, Houston TX, May 2010

Bachelor of Arts: Sociology; Wiley College: Marshall, TX, May 2005

RESEARCH EXPERIENCE

Research Interests:

- African Americans and Mental health
- BIPOC and Education
- Underserved populations
- Social Justice and policy

PUBLICATIONS:

Carson, S.N. (2018). *The influence of demographic, cultural and environmental factors on the perceptions of African American college students toward mental illness and counseling*. (Publication No. 10932689) Texas Southern University [Doctoral Dissertation, Texas Southern University]. ProQuest Dissertations Publishing.

Journal Article: Carson, S. & De Carvalho, J. (2023). The impact of mental illness stigmas on the utilization of mental health care services among African Americans. *American International Journal of Social Science* Vol. 12 No. 2.

Journal Article: Carson, S. & De Carvalho, J. (2023). The cultural and historical implications of misdiagnosis of mental health disorders among African Americans. *International Journal of Humanities and Social Sciences*, 13(2).

Journal Article: Cultural Humility: Ongoing systematic oppression, domestic violence and occupational and educational segregation within the African American community (**in process**)

Journal Article: Brainspotting and the effect on patients with TBI and mood dysregulation (**in process**)

Journal Article: African Americans perception of MH and suicide in historical reliance on the church (in process)

Curriculum: Social Work with African Americans

SOCIAL WORK PRACTICE & PROFESSIONAL EXPERIENCE

Prairie View A & M University Graduate School of Social Work January 2023-Present

Assistant Professor of the Practice

- Teach different Social Work Courses
- Create course requirements for students to follow
- Monitor students' progress and understanding of material
- Relate concepts to current events and situations to help students develop an appreciation for social work practice

Renewed Behavioral Health Services January 2022-Present

Contract Therapist

- Provide treatment planning and therapy for college students in Colorado and Texas
- Monthly therapeutic blogs
- Monitor client's progress
- Provide support and guidance for each client to meet their needs

University of Texas at Arlington Graduate School of Social Work August 2021-Present

Adjunct Professor

- Teach Treatment of Children and Families
- Create partial course requirements for students to follow
- Monitor students' progress and understanding of material
- Relate concepts to current events and situations to help students develop an appreciation for social work practice

Innovatel Telepsychiatry/Imagine Medical Group July 2021-Present

Therapist

- Provide therapy for rural populations in Colorado
- Complete diagnostic assessments and intake screenings
- Monitor client's progress
- Provide support and guidance for each client to meet their needs

Baylor University Graduate School of Social Work January 2021-Present

Adjunct Professor

- Teach Professional Practice with Community Organizations and Advanced Clinical Practice
- Create course requirements for students to follow
- Monitor students' progress and understanding of material
- Relate concepts to current events and situations to help students develop an appreciation for community practice

**Memorial Hermann Behavioral Health Services Psych Response Team
January 2012- February 2017; March 2018- July 2021 Houston, Texas**

Master Level Psych Clinician/Clinical Coordinator

- Assess and arrange psychiatric transfer of clients presenting to Memorial Hermann with psychosis or psychiatric need in addition to crisis intervention, psychoeducation and social work skills.
- Assess and diagnose utilizing DSM-V and patients with complex co/morbidities
- Administer psychometric testing to assist with the assessment process
- Liaison with multidisciplinary medical team
- Provide psychoeducation on patients' illness with recommendations

**Texas Tech Health Science Center – Texas Department of Criminal Justice -John
T. Montford Psychiatric Unit March 2017-February 2018**

Mental Health Clinician

•Provided case management, testing, mental health evaluations, conducted therapy, and crisis intervention; conducted follow up assessments, and diagnostic services as well as presentations with the patient caseload.

Department of Family and Protective Services, October 2005 –January 2012: Houston, Texas

Conservatorship Worker-CPS Special IV

- Promoted from Children Protective Services Specialist (CPSS) I through IV
- Attended court hearings and provided court reports on case status
- Provided short-term interventions in crisis situations
- Developed service plan assessment and goals; monitored implementation and progress
- Determined child and parent readiness for reunification
- Completed home placement assessments
- Worked with the National Child Traumatic Stress Network: Placement Stability-assisted in developing a Child Welfare Trauma Screening Tool

LICENSE/CERTIFICATIONS:

Licensed Clinical Social Worker: effective December 10, 2015

Licensed Clinical Social Worker Supervisor

Diversity, Equity and Inclusion in the Workplace Certification

BIPOC Brainspotting Certification -Pending

Anger Management Certification-November 2021

Grief and Bereavement Certification-October 2021

Complex Trauma Certification- September 2021

DBT with Adolescents-April 2023

PRESENTATIONS

Carson, S. (2023) – Bridging the Gap of disparity and awareness within our community. Mental health and Substance abuse Discussion panel for Katy Area Alumnae Chapter of Delta Sigma Theta. Katy, TX. -September 2023

Carson, S. (2023) – Becoming Independently Licensed- What Does that Mean? CEU Video Social Work Discussion panel on Supervision. Austin, TX. -May 2023

Carson, S. (2023) – Social Work Advocacy Day, REAL Race Symposium: Structural Racism within Social Work Discussion panel. Austin, TX. -March 2023

Carson, S. (2022) – Black Leaders in Social Work: Tea Time with Black Social Workers at Baylor: Video Social Work Discussion panel. Houston, TX. –February 2022

Carson, S. (2021) – BIPOC Clinical Supervision in Social Work: What is it? Video Social Work Discussion panel. Houston, TX. –November 2021

Carson, S. (2021) – Supervision in Social Work: What is it? Video Social Work Discussion panel. Houston, TX. –May 2021

Carson, S. (2021) – Spotlight on Mental Health Awareness Month: Memorial Hermann’s Behavioral Health Teams provide critical psychiatric and mental health services to the patients and community . Memorial Hermann Blog. Houston, TX. –April 2021

Carson, S. (2021) – An Ethical perspective on Cultural Competence and Social Diversity among social workers. Video Presentation to UTA Social Work students. Houston, TX. – February 2021

Carson, S. (2021) – The social and psychological consequences of childhood trauma and abuse Presentation to daycare workers. Houston, TX. –January 2021

Carson, S. (2019) – The history and implications of Cultural Mistrust among African Americans surrounding their mental health Presentation to clinicians at Memorial Hermann Behavioral Health department. Houston, TX. –June 2019

Carson, S. (2018) Anger Management and Conflict Resolution -Presentation to the staff and inmates at the Texas Department of Criminal Justice Montford Psychiatric Prison. Lubbock, TX. - January 2018

Carson, S. (2017) Being an appropriate parent while incarcerated- Presentation to the staff and inmates at the Texas Department of Criminal Justice Montford Psychiatric Prison. Lubbock, TX. August 2017

Carson, S. (2017) Experiencing grief and loss while incarcerated. Presentation to the staff and inmates at the Texas Department of Criminal Justice Montford Psychiatric Prison. Lubbock, TX. June 2017

Hereford, S. (2015) Reactive Attachment Disorder and Children in Foster Care. Presentation to the PRIDE foster parents through the Texas Department of Family and Protective Services-. Houston, TX. April 2010

HONORS, APPOINTMENTS AND ACHIEVEMENTS

Texas Department of Family Protective Services State Representative for the National Child Traumatic Stress Network, March-November 2011

Barbara Jordan Community Service Award: University of Houston Graduate College of Social Work, May, 2010

ACADEMIC SERVICE

MSW Admissions Committee Member : Prairie View University Graduate College of Social Work, 2023-2024

MSW Grade Appeals Committee Chair: Prairie View University Graduate College of Social Work, 2023-2024

BCAS Mid Tenure, Tenure/Promotion Committee: Prairie View University Graduate College of Social Work, 2023-2024

PROFESSIONAL SERVICE

Student Recruitment Department Meeting Volunteer, August 2023

SCHOLARSHIPS

Child Welfare Education Project (CWEP) Stipend: August 2008-May 2010

PROFESSIONAL ORGANIZATION

Delta Sigma Theta Sorority Member

National Association for the Advancement of Colored People –Health Committee- September 2018

National Association of Social Workers-Race Equity Accountability and Leadership committee:
– March 2019