NURS 3013 Individual Health Assessment
Summer 2017

Faculty: Antoea’ Jackson, MSN, RN, CNE
LAB: Debbie Jones, Ph.D., RN

Section # and CRN: Section M01; CRN: 30406 Section M11; CRN: 30407 Section M12; CRN: 30410

Office Location: Houston Center
Office Phone: 713-797-7046 (Jackson); and 713-797-7057
Email Address: acjackson@pvamu.edu and dajones@pvamu.edu
Office Hours: As posted
Mode of Instruction: Hybrid

Course Location: Houston Center
Class Days & Times: Monday (M01) 9 a.m. – 12:00 p.m.
Monday (M11 & 12) 1. – 4 p.m.

Catalog Description: This course introduces basic components and techniques of the health assessment within the framework of the nursing process. It focuses on data collection regarding the individual's adaptation to internal and external factors within the environment. Emphasis is placed on the individual with high level wellness throughout the lifespan. Laboratory experiences include the application of health assessment skills.

Prerequisites: Admission to clinical studies.

Co-requisites: NURS 3164, NURS 3263, NURS 3023


Adaptive Quizzing for Jarvis Physical Examination & Health Assessment, 7e

Recommended Texts: Jarvis, Carolyn. Physical Examination & Health Assessment Pocket Companion, St. Louis, MO: Elsevier Saunders, 2016
**Student Learning Outcomes:**

<table>
<thead>
<tr>
<th>Program Learning Outcome #</th>
<th>Core Curriculum Outcome Alignment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Learning Outcomes:</td>
<td></td>
</tr>
<tr>
<td>Upon successful completion of this course, students will be able to:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>#</th>
<th>Description</th>
<th>Learning Outcome #</th>
<th>Core Curriculum Outcome Alignment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Determine the health status and needs of clients based on interpretation of health-assessment data. (POC1)</td>
<td>#1</td>
<td>Critical Thinking Skills</td>
</tr>
<tr>
<td>2</td>
<td>Use an organized approach for the collection and recording of subjective and objective data for adults and aging individuals. (POC2, MOP1)</td>
<td>#2</td>
<td>Critical Thinking; Empirical and Quantitative Skills</td>
</tr>
<tr>
<td>3</td>
<td>Analyze and interpret health data for individuals. (POC7)</td>
<td>#3</td>
<td>Critical Thinking; Empirical Communication and Quantitative Skills</td>
</tr>
<tr>
<td>4</td>
<td>Use information technology to access assessment information and resources related to the management of client health problems. (POC 1)</td>
<td>#4</td>
<td>Critical Thinking</td>
</tr>
<tr>
<td>5</td>
<td>Assume responsibility and accountability for the quality of assessment data. (MOP1)</td>
<td>#6</td>
<td>Personal and Social Responsibility</td>
</tr>
</tbody>
</table>

**Major Course Requirements**

**Method of Determining Final Course Grade**

<table>
<thead>
<tr>
<th>Course Grade Requirement</th>
<th>Value</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Unit Exams</td>
<td>65%</td>
<td>65%</td>
</tr>
<tr>
<td>2) Quizzes; Assignments/ APA Conceptual Paper</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>3) Standardized Exam</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>4) Final Exam</td>
<td>25%</td>
<td>25%</td>
</tr>
</tbody>
</table>

Total:

100% 100%

**Grading Criteria and Conversion:**

A = 90 (89.5) – 100
B = 81 (80.5) – 89
C = 75 (74.5 – 80
D = 65 (64.5) – 74

**Rounding Clarification**

An 89.5 at the end of the course will be considered an A; An 89.4 is a “B”
An 80.5 at the end of the course will be considered a “B”; An 80.4 is a “C”
A 74.5 at the end of the course will be considered a “C”; A 74.4 is a “D”
A 64.5 at the end of the course will be considered a “D” A 64.4 is an “F”
### Detailed Description of Major Assignments:

<table>
<thead>
<tr>
<th>Assignment Title or Grade Requirement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>65%</td>
<td>Major exams: 2 prior to midterm and 2 after midterm</td>
</tr>
<tr>
<td>10%</td>
<td>Combination of assignments, quizzes, APA conceptual paper (5%) and standardized exam (5%)</td>
</tr>
<tr>
<td>25%</td>
<td>Comprehensive final exam</td>
</tr>
</tbody>
</table>

### Course Procedures or Additional Instructor Policies

**Taskstream**  
Taskstream is a tool that Prairie View A&M University uses for assessment purposes. At least one of your assignments is **REQUIRED** to be submitted as an “artifact,” an item of coursework that serves as evidence that course objectives are met. More information will be provided during the semester, but for general information, you can visit Taskstream via the link in eCourses.

**Additional Class Policies**

**Exam Policy:** Students are expected to notify faculty if she/he will not be able to report for an examination. Notification should be received prior to the exam. Notification does not indicate acceptance. Only excused absences (as per University catalog) will be accepted; Unexcused absences will result in a grade of “0”; For excused absences, there is no make-up exam; the next exam grade will be the replacement grade for the missing exam.

**Quiz Policy:** There is no make up for in class quizzes. A grade of “0” will be recorded for missed assignments or quizzes.

**Online Quizzes:** Any online quizzes / assignments must be complete by the due date. Late submissions will receive a “0” for the assignment.

**Late Arrival for Exams or Quizzes:** Student may take the exam or quiz, but must complete at the same time that the class is due to finish.

**Cell Phone Use:** Please step out of the classroom to manage any phone or texting messages. Wait until the next break to re-enter the classroom.

**CHEATING AND DISHONESTY:** Any student who demonstrates any form of cheating or dishonesty in the College of Nursing will receive a grade of “F” for the assignment or course and may be suspended or dismissed from the College of Nursing.

**AMERICANS WITH DISABILITIES ACT:**

The Office of Disability Services and Diagnostic Testing is responsible for achieving and maintaining program accessibility for all students who self-identify as having an officially documented disability (Rehabilitation Act Section 504 and Americans with Disability Act (ADA). Students are encouraged to become self-advocates; however the office provides leadership in advocating for removal of attitudinal and physical barriers that may impeded successful progression toward achievement of the student’ educational objectives. Students with disabilities, including learning disabilities, who wish to request accommodations in class, should register with the Services for Students with Disabilities (SSD) early in the semester so that appropriate arrangements may be made. In accordance with federal laws, a student requesting special accommodations must provide documentation of their disability to the SSD coordinator.

If you need accommodations in this class related to a disability, please notify the course faculty and initiate the appropriate steps outlined by University policy and procedure.
Pregnancy Statement:
Students who are pregnant or planning to become pregnant, must submit immediate notification of pregnancy by completing the “Pregnancy Disclosure” form located at the College of Nursing in Office 1158 or Office 1214.
# NURS 3013 Individual Health Assessment Calendar – Summer 2017

Based on: Physical Examination and Health Assessment – 7th edition – Note calendar is subject to change – watch email and eCourses for updates

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Day</th>
<th>Chapters / Topics for Discussion</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>June 5</td>
<td>Thursday</td>
<td>Introduction to Course&lt;br&gt;Unit I-Introduction to Health Assessment&lt;br&gt;Health History and Physical Assessment Skills&lt;br&gt;***Introduction to equipment, expectations, requirements for lab&lt;br&gt;Chapters 1-4 &amp; 7-10,</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>LAB: Collecting Health History/Establishing Rapport</td>
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<tr>
<td>2</td>
<td>June 12</td>
<td>Monday</td>
<td>Assessment of Skin, Hair, and Nails/&lt;br&gt;Eyes and Ears&lt;br&gt;Chapters 12, 14, &amp; 15</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>LAB: Skin, Hair, &amp; Nails/Eyes &amp; Ears Assessment</td>
</tr>
<tr>
<td>3</td>
<td>June 19</td>
<td>Monday</td>
<td>EXAM 1&lt;br&gt;(Intro Material, Skin Hair, Nails Eyes, Ears)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>LAB Check-off #1: Eyes &amp; Ears</td>
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<tr>
<td></td>
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<td></td>
<td>Assessment of HNNMT&lt;br&gt;Chapters 13 &amp; 16</td>
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<td></td>
<td></td>
<td></td>
<td>LAB: Assessment of HNNMT</td>
</tr>
<tr>
<td>4</td>
<td>June 26</td>
<td>Monday</td>
<td>Assessment of Thorax &amp; Lungs&lt;br&gt;Chapters 18</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>LAB: Thorax &amp; Lung Assessment&lt;br&gt;Exam 1 Review</td>
</tr>
<tr>
<td>5</td>
<td>July 3</td>
<td>Monday</td>
<td>EXAM 2&lt;br&gt;(HNNMT, Thorax &amp; Lungs)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>LAB Check-off #2: HNNMT, Thorax &amp; Lungs</td>
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<tr>
<td></td>
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<td></td>
<td>Assessment of the Cardiovascular &amp; Peripheral Vascular&lt;br&gt;Chapters: 19 &amp; 20</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>LAB: Assessment of Cardio &amp; Peripheral Vascular</td>
</tr>
<tr>
<td>Week</td>
<td>Date</td>
<td>Day</td>
<td>Chapters / Topics for Discussion</td>
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<tr>
<td>6</td>
<td>July 10</td>
<td>Monday</td>
<td>Assessment of the Abdomen&lt;br&gt;Chapter 21&lt;br&gt;LAB: Assessment of the Abdomen&lt;br&gt;Group Presentations- Reproductive Chapters</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>EXAM 3&lt;br&gt;(Cardio/Peripheral, Abdomen, Repro)&lt;br&gt;LAB Check-off #3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Assessment of the Musculoskeletal System&lt;br&gt;Chapter 22&lt;br&gt;LAB: Assessment of the Musculoskeletal System</td>
</tr>
<tr>
<td>8</td>
<td>July 24</td>
<td>Monday</td>
<td>Assessment of Mental Status &amp; Neurologic System&lt;br&gt;Chapters: 5, 23&lt;br&gt;LAB: Assessment of Mental Status &amp; Neurologic System</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>EXAM 4&lt;br&gt;(Musculoskeletal, Neuro)&lt;br&gt;LAB Check-off #4 (Video):</td>
</tr>
<tr>
<td>10</td>
<td>August 7</td>
<td>Monday</td>
<td>KAPLAN EXAM&lt;br&gt;Individual Focused Assessment&lt;br&gt;Time to be scheduled time with faculty</td>
</tr>
<tr>
<td>11</td>
<td>August 11</td>
<td>Friday</td>
<td>Comprehensive Final Exam 9 – 11 a.m.</td>
</tr>
</tbody>
</table>

Calendar is subject change. Students should pre read prior to class in order to benefit maximally from class discussion.
Student Support and Success

John B. Coleman Library
The library and its partners have as their mission to provide resources and instructional material in support of the evolving curriculum, as a partner in Prairie View A&M University's mission of teaching, research, and service and to support the University's core values of access and quality, diversity, leadership, relevance, and social responsibility through emphasis on ten key areas of service. It maintains library collections and access both on campus, online, and through local agreements to further the educational goals of students and faculty. https://www.pvamu.edu/library/
Phone: 936-261-1500

The Learning Curve (Center for Academic Support)
The Learning Curve offers Tutoring via peer tutoring. The services include workshops (i.e., Save My Semester, Recalculate Your Route), seminars (i.e., Tools You Can Use: TI-84), group review sessions (i.e., College Algebra Topic Reviews, GRE Preparation), group study opportunities (i.e., TSIA, HESI, Study Break, Exam Cram), and test-taking strategies (How to take Notes, Study Buddy, 5 Day Study Guide). The Learning Curve is a nationally certified tutoring program through the National Tutoring Association. The peer tutors are trained and certified by the coordinator each semester. Location: J.B. Coleman Library Rm. 207F. Phone: 936-261-1561

The Center for the Oversight and Management of Personalized Academic Student Success (COMPASS)
The Center for the Oversight and Management of Personalized Academic Student Success (COMPASS) is designed to help Prairie View students in their second year and beyond navigate towards graduation by providing the following services: Academic Advisement, Targeted Tutorials for Personalized Learning, Campus-Wide Referrals, and Academic & Social Workshops. Location: J.B. Coleman Library Rm. 306. Phone: 936-261-1040

Writing Center
The Writing Center provides student consultants on all aspects of the writing process and a variety of writing assignments. Writing Center consultations assist students in such areas as prewriting, brainstorming, audience awareness, organization, research, and citation. Students taking on-line courses or courses at the Northwest Houston Center or College of Nursing may consult remotely or by email. Location: Hilliard Hall Rm. 121. Phone: 936-261-3724.

Student Counseling Services
The Student Counseling Services unit offers a range of services and programs to assist students in maximizing their potential for success: short-term individual, couples, and group counseling, as well as crisis intervention, outreach, consultation, and referral services. The staff is licensed by the State of Texas and provides assistance to students who are dealing with academic skills concerns, situational crises, adjustment problems, and emotional difficulties. Information shared with the staff is treated confidentially and in accordance with Texas State Law. Location: Owens-Franklin Health Center Rm. 226. Phone: 936-261-3564

Testing
The Department of Testing administers College Board CLEP examinations, the HESI A2 for pre-nursing majors, LSAT for law school applicants and MPRE for second-year law students, the Experiential Learning Portfolio option, the Texas Success Initiative (TSI) Assessment, which determines college readiness in the state, and exam proctoring, among other service such as SAT and ACT for high school students. Location: Delco Rm. 141. Phone: 936-261-4286

Office of Diagnostic Testing and Disability Services
As a federally-mandated educational support unit, the Office of Disability Services serves as the repository for confidential disability files for faculty, staff, and students. For persons with a disability, the Office develops individualized ADA letters of request for accommodations. Other services include: learning style inventories, awareness workshops, accessibility pathways, webinars, computer laboratory with adapted hard and software, adapted furniture, proctoring of non-standardized test administrations, ASL interpreters, ALDs, digital recorders, livescribe,
Kurtzweil, and a comprehensive referral network across campus and the broader community. Location: Evans Hall Rm. 317. Phone: 936-261-3585

Veteran Affairs
Veterans Services works with student veterans, current military and military dependents to support their transition to the college environment and continued persistence to graduation. The Office coordinates and certifies benefits for both the G.I. Bill and the Texas Hazlewood Act. Location: Evans Hall Rm. 323. Phone: 936-261-3563

Office for Student Engagement
The Office for Student Engagement delivers comprehensive programs and services designed to meet the co-curricular needs of students. The Office implements inclusive and accessible programs and services that enhance student development through exposure to and participation in diverse and relevant social, cultural, intellectual, recreational, community service, leadership development and campus governance. Location: Memorial Student Center Rm. 221. Phone: 936-261-1340

Career Services
Career Services supports students through professional development, career readiness, and placement and employment assistance. The Office provides one-on-one career coaching, interview preparation, resume and letter writing, and career exploration workshops and seminars. Services are provided for students at the Northwest Houston Center and College of Nursing in the Medical Center twice a month or on a requested basis. Distance Learning students are encouraged to visit the Career Services website for information regarding services provided. Location: Evans Hall Rm. 217. Phone: 936-261-3570

University Rules and Procedures

Disability Statement (Also See Student Handbook):
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Disability Services, in Evans Hall, Room 317, or call 936-261-3585/3.

Academic Misconduct (See Student Handbook):
You are expected to practice academic honesty in every aspect of this course and all other courses. Make sure you are familiar with your Student Handbook, especially the section on academic misconduct. Students who engage in academic misconduct are subject to university disciplinary procedures.

Forms of Academic Dishonesty:
1. Cheating: deception in which a student misrepresents that he/she has mastered information on an academic exercise that he/she has not mastered; giving or receiving aid unauthorized by the instructor on assignments or examinations.

2. Academic misconduct: tampering with grades or taking part in obtaining or distributing any part of a scheduled test.

3. Fabrication: use of invented information or falsified research.

4. Plagiarism: unacknowledged quotation and/or paraphrase of someone else’s words, ideas, or data as one’s own in work submitted for credit. Failure to identify information or essays from the Internet and submitting them as one’s own work also constitutes plagiarism.
**Nonacademic Misconduct (See Student Handbook)**
The university respects the rights of instructors to teach and students to learn. Maintenance of these rights requires campus conditions that do not impede their exercise. Campus behavior that interferes with either (1) the instructor's ability to conduct the class, (2) the inability of other students to profit from the instructional program, or (3) campus behavior that interferes with the rights of others will not be tolerated. An individual engaging in such disruptive behavior may be subject to disciplinary action. Such incidents will be adjudicated by the Dean of Students under nonacademic procedures.

**Sexual Misconduct (See Student Handbook):**
Sexual harassment of students and employers at Prairie View A&M University is unacceptable and will not be tolerated. Any member of the university community violating this policy will be subject to disciplinary action.

**Title IX Statement**
Prairie View A&M University (PVAMU) is committed to supporting students and complying with the Texas A&M University System non-discrimination policy. It seeks to establish an environment that is free of bias, discrimination, and harassment. If you experience an incident of sex- or gender-based discrimination, including sexual harassment, sexual assault or attempted sexual assault, we encourage you to report it. While you may talk to a faculty member about an incident of misconduct, the faculty member must report the basic facts of your experience to Ms. Alexia Taylor, PVAMU’s Title IX Coordinator. If you would like to speak with someone who may be able to afford you privacy or confidentiality, there are individuals who can meet with you. The Title IX Coordinator is designated to handle inquiries regarding non-discrimination policies and can assist you with understanding your options and connect you with on- and off-campus resources. The Title IX Coordinator can be reached by phone at 936-261-2123 or in Suite 013 in the A.I. Thomas Administration Building.

**Class Attendance Policy (See Catalog for Full Attendance Policy)**
Prairie View A&M University requires regular class attendance. Attending all classes supports full academic development of each learner whether classes are taught with the instructor physically present or via distance learning technologies such as interactive video and/or internet.

Excessive absenteeism, whether excused or unexcused, may result in a student’s course grade being reduced or in assignment of a grade of “F”. Absences are accumulated beginning with the first day of class during regular semesters and summer terms. Each faculty member will include the University’s attendance policy in each course syllabus.

**Student Academic Appeals Process**
Authority and responsibility for assigning grades to students rests with the faculty. However, in those instances where students believe that miscommunication, errors, or unfairness of any kind may have adversely affected the instructor's assessment of their academic performance, the student has a right to appeal by the procedure listed in the Undergraduate Catalog and by doing so within thirty days of receiving the grade or experiencing any other problematic academic event that prompted the complaint.

**TECHNICAL CONSIDERATIONS**

**Minimum Recommended Hardware and Software:**
- Intel PC or Laptop with Windows 7; Mac with OS X; Smartphone or iPad/Tablet with Wi-Fi
- High speed Internet access
- 8 GB Memory
- Hard drive with 320 GB storage space
- 15” monitor, 800x600, color or 16 bit
- Sound card w/speakers
- Microphone and recording software
- Keyboard & mouse
• Most current version of Google Chrome, Safari, Internet Explorer or Firefox

**Note:** Be sure to enable Java & pop-ups in the Web browser preferences

**Participants should have a basic proficiency of the following computer skills:**
• Sending and receiving email
• A working knowledge of the Internet
• Proficiency in Microsoft Word (or a program convertible to Word)
• Proficiency in the Acrobat PDF Reader
• Basic knowledge of Windows or Mac O.S.

**Netiquette (online etiquette):**
Students are expected to participate in all discussions and virtual classroom chats as directed. Students are to be respectful and courteous to others on discussions boards. Foul or abusive language will not be tolerated.

**Technical Support:**
Students should go to https://mypassword.pvamu.edu/ if they have password issues. The page will provide instructions for resetting passwords and contact information if login issues persist. For other technical questions regarding eCourses, call the Office of Distance Learning at 936-261-3283

**Communication Expectations and Standards:**
Emails or discussion postings will receive a response from the instructor, usually in less than 48 hours. Urgent emails should be marked as such. Check regularly for responses.

**Discussion Requirement:**
Online courses often require minimal to no face-to-face meetings. However, conversations about the readings, lectures, materials, and other aspects of the course can take place in a seminar fashion. This will be accomplished by the use of the discussion board. The exact use of discussion will be determined by the instructor.

**It is strongly suggested** that students type their discussion postings in a word processing application and save it to their PC or a removable drive before posting to the discussion board. This is important for two reasons: 1) If for some reason your discussion responses are lost in your online course, you will have another copy; 2) Grammatical errors can be greatly minimized by the use of the spell-and-grammar check functions in word processing applications. Once the post(s) have been typed and corrected in the word processing application, it/they should be copied and pasted to the discussion board.