

Department of Health and Human Performance

The Whitlowe R. Green Department of Health and Human Performance allows students to take courses in curriculum, assessment, technology, teaching methods, instructional models and scientific foundation courses such as exercise science, biomechanics and motor learning and development. This variety of coursework provides every student with knowledge about health, physical activities, essential motor skill development, stamina, strength and social qualities that will last a lifetime.

Students who complete the program are prepared for teaching and coaching at the elementary and secondary level, community health, graduate studies in health, health promotion, human performance, or allied health therapeutic sciences. Student-centered studies also provide access to information related to athletic training; recreational and community service programs and professional health and wellness activities at the local, state and national levels.



Undergraduate

Through highly qualified and productive faculty, Prairie View A&M University offers an undergraduate degree leading to a Bachelor of Science in:

Health

Human Performance-All Level Certification*

Those studying in other academic programs may select a minor through the Department of Health and Human Performance. We offer minors in the following areas:

Health

Human Performance

Dance

Graduate

Candidates may obtain a graduate degree in the following areas:

Master's in Education

Concentration in Physical Education

Concentration in Health Education

Master of Science in Education

Concentration in Physical Education

Concentration in Health Education

Our curricula at the graduate and undergraduate level are aligned with the National Association of Sport and Physical Education and American Association of Health Educator Standards.

Candidates may also concentrate in coaching or community health by choosing select courses leading to a concentration in the above listed areas.

- Physical Education Teacher (K-12)
- Health Education Teacher (K-12)
- Personal Fitness Trainer (ACSM)
- Certified Health Education Specialist (CHES)
- Bronze Level Coaching Certification (ASEP)
- Athletic Training (TSATA)

Classes are held in facilities throughout the William "Billy" J. Nicks, Sr. Athletic Complex. Students have access to a variety of amenities including, the Leroy G. Moore Intramural Gymnasium which is equipped with racquetball courts, a full dance studio, a conference room, and both basketball and volleyball courts. Students can take full advantage of indoor basketball courts, several weight rooms, outdoor tennis courts, soccer fields, and both softball and baseball fields.