

February 1, 2023

To: Prairie View A&M University Campus Community

From: Dr. Tondra Moore, Executive Director of Health Services

Re: Spring 2023 COVID Update

Greetings Panthers! Once again, we find ourselves returning to campus with rising COVID cases and increased concerns regarding how to stay safe due to the XBB variant. Please visit www.pvamu.edu/coronavirus for more information regarding university resources and policies.

As a reminder, the COVID isolation/quarantine time frame remains seven (7) days, with an automatic release on day 8. Those who test positive must still use the <u>Self-Reporting forms</u> to report positive test results from on-campus and off-campus facilities.

<u>Students</u> – you **MUST complete the self-reporting form within 48 hours** of notification of a positive test to be included on the Academic Affairs faculty notification list. Students who DO NOT report WILL NOT receive any documentation to provide to faculty for missed classes.

<u>Employees</u> – you are required to self-report and communicate with your supervisor regarding remote work options.

XBB Variant

- XBB variant is now the most transmissible and most infectious variant of COVID.
 - o The bivalent booster is **highly encouraged** due to its effectiveness in reducing risks for hospitalizations, death and long COVID for all variants, including XBB.
 - This variant is especially dangerous for unvaccinated individuals and those 65 years or older.
 - Because the XBB variant binds more to respiratory track cells, masking in public is encouraged.
- Please consider public health mitigation strategies, such as masking as faculty, staff and students travel. A recent study found that in 96% percent of flights, the wastewater was positive for COVID, highlighting the need to remain vigilant.