

HUMAN NUTRITION AND FOOD PROGRAM SUGGESTED DEGREE SEQUENCE

CONCENTRATION: **HEALTH AND WELLNESS**

FRESHMAN YEAR			
<i>Fall Semester Courses</i>		<i>Spring Semester Courses</i>	
Fall Semester Hours		Spring Semester Hours	
ENGL 1301 Freshman Composition I	3	ENGL 1302 Freshman Composition II	3
HIST 1301 U.S. to 1876	3	BIOL 2401 Anatomy and Physiology I	4
HUNF 1322 Nutrition and Wellness	3	HIST 1302 The U.S. 1876 to Present	3
MATH 1314 College Algebra	3	CHEM 1111 Inorganic Chemistry Lab I or CHEM 1106	1
CHEM 1303 General Inorganic Chemistry I or CHEM 1306 Introduction to General Chemistry	3	General Inorganic Chemistry Lab	
		MGMT 1301 Intro to Business	3
		HUNF 1130 Introduction to Dietetics	1
Total Hours	15	Total Hours	15
SOPHOMORE YEAR			
Fall Semester Hours		Spring Semester Hours	
MATH 1342 Elementary Statistics	3	BIOL 1307 General Microbiology	3
HUNF 2353 Intermediate Nutrition (**HUNF 1322)	3	POSC 2306 Texas Government	3
HUNF 2363 Food Service Systems	3	HUNF 2366 Food Systems Management (**HUNF 2363)	3
POSC 2305 American Government	3	COMM 1311 Fund of Speech Communication	3
BIOL 2402 Anatomy and Physiology II	4	PSYC 2301 General Psychology OR SOCG 1301 General Sociology	3
Total Hours	16	Total Hours	15
JUNIOR			
Fall Semester Hours		Spring Semester Hours	
HUNF 2365 Food Principles & Meal Management (**HUNF 1322)	3	Language, Philosophy, Culture Elective	3
HUNF 3361 Lifecycle Nutrition (**HUNF 1322)	3	COMP 1300 Digital Communication	3
HUNF 3365 Nutrition and Disease (**HUNF 2353)	3	HUNF 3360 Nutritional Biochemistry (**CHEM 1111 or CHEM 1106, CHEM 1303 or CHEM 1306)	3
HUNF 3364 Food and Culture	3	HUNF 3367 Nutritional Assessment (**HUNF 2353, HUNF 3361)	2
ECON 1301 Fundamentals of Economics	3	KINE 4202 Athletic Injuries and CPR	3
Total Hours	15	Total Hours	14
SENIOR			
Fall Semester Hours		Spring Semester Hours	
HUNF 4330 Human Nutrition and Food Practicum*	3	HUNF 4367 Medical Nutrition Therapy II (**HUNF 4366)	3
HUNF 4360 Physiochemical Aspects of Food	3	HUNF 4361 Research in Nutrition (**MATH 1342)	3
HUNF 4366 Medical Nutrition Therapy I (**HUNF 3361, HUNF 3365, HUNF 3367)	3	HUNF 4369 Community Nutrition & Health (**HUNF 3361)	3
HLTH 3304 Consumer Health	3	HUNF 4347 Nutrition Counseling (**HUNF 4366)	3
HUNF 3363 Advanced Nutrition (** HUNF 2353, HUNF 3360)	3	Creative Arts Elective	3
Total Hours	15	Total Hours	15
TOTAL			120

* The prerequisites for HUNF 4330 are HUNF 2353, HUNF 2363, HUNF 2365, HUNF 2366, HUNF 3361, HUNF 3365, and HUNF 3367

Revised: 4/14/2021 with new course numbering