A. **General:**
1. All policies are enforced during all operating hours.
2. Misconduct or violation due to failure to follow facility policies may result in ejection, suspension, or cancellation of membership from the Rec Sports and/or referral to the Prairie View A&M University Department of Public Safety and/or Student Conduct Office.
3. **Students, Faculty/Staff MUST present a valid Prairie View A&M University ID card to be enter.**
4. Individuals improperly accessing the facility will have false identification confiscated and/or subject to suspension of REC SPORTS privileges.
5. Solicitation for entry, goods and/or sales is strictly prohibited.
6. Alcohol, non-prescription drugs and tobacco products are NOT permitted.
7. Injuries, accidents or equipment failures must be immediately reported to Recreation Sports staff.
8. Recreation Sports is not responsible for lost or stolen items.
9. Please consult a physician prior to engaging in physical activity. Recreation Sports is not responsible for accidents or injuries that occur due to the nature of the activity.
10. An activity waiver is REQUIRED for participation.

B. **Guest Passes:**
1. Access for special events/programs may be granted on a case by case basis as approved by the Director of Rec Sports.
2. Rec Sports does not currently offer/allow guest passes.

C. **Lockers:**
1. Food and drink are prohibited in locker rooms.
2. All lockers are for temporary use only. Lockers must be cleared each night. Items left will be cleared and kept for two weeks then donated to charity or a reclaim fee of $5 is assessed. Payment should be made to cashier’s office.
3. Day use access is available with use of a personal lock. Items stored without a lock are stored at owner’s expense; Rec Sports will not assume any liability and/or fault for any lost or stolen items.

D. **Equipment Checkout:**
1. Members may checkoutInformal recreation equipment on a first come, first serve basis with a PVAMU ID.
2. The person checking out the equipment must be the PVAMU ID card holder to checked out equipment.
3. Damaged/Stolen/Lost Equipment
   a. A fee is assessed at 50% of original value of the equipment for any equipment damaged or lost.
   b. Patrons may either immediately pay for the damaged or lost piece(s) of equipment or return within three days to pay the bill.
   c. **There is a $1.00 per day service charge assessed for equipment(s) not returned on the same day of checkout.**
   d. If payment is not received within three business days, access privileges will be suspended until payment is received and/or payment arrangements are confirmed through posting balance on student account.

E. **Activity Areas:**
1. Recreation Sports programs have priority of usage over informal recreation use during operating hours.
2. The PVAMU Rec Sports has a non-smoking/tobacco/alcohol/drug policy for any facility it occupies.
3. No food or drink will be allowed on gym courts. Other activity areas may have closed/sport/push top plastic containers.
4. Only non-marking athletic shoes are allowed on any hardwood floor. No hard sole shoes allowed.
5. Personal belongings are not permitted in activity areas and must be kept in a locker.
6. Courts are prioritized for informal recreation in sports of basketball, volleyball, and others.
7. Requests for volleyball and badminton equipment set-up will be accommodated based on court schedule.
8. Food and non-alcoholic drinks are NOT permitted.
9. Clinics and services offered by Rec Sports require train/certified verification. Individuals not employed by the REC SPORTS MAY NOT provide personal instruction of any kind in the facility without written permission from Recreation Sports Director. Individuals suspected and/or proven to personal train is subject to disciplinary actions.


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F. Facility Rules
1. A valid PVAMU ID is required to access the pool. All patrons must sign in when entering the Natatorium.
2. Lifeguards must be present to swim.
3. Lap swimming equipment is available in cabinets on the deck. All other equipment (e.g. basketballs, volleyballs and goggles) can be issued with a PVAMU ID at the Guard Office.
4. Swim equipment (kick boards, pull buoys, swim paddles, fins) shall only be used for their designed purpose.
5. The chair lift is only to be used by individuals who need assistance entering/exiting the pool.
6. No bicycles, skateboards, roller blades or scooters. Strollers should remain in the locker rooms or in the hallway out of the way.
7. Only Coast Guard approved lifejackets are allowed. All other flotation devices are prohibited.
8. During peak hours, pool patrons must share lanes. We suggest the circle-swim method.
9. Any member of the University Community may not use recreation facilities for personal gain. Private instruction is restricted to that provided by approved programs and rental groups.
10. Personal items are to be stored safely in the lockers. Do not ask lifeguards to keep your personal items or valuables. PVAMU Rec Sports is not responsible for any lost or stolen belongings.
11. An area may be closed or have restricted use due to competitive events, special events, programs or rentals.
12. Nicks Natatorium user capacity is 160 persons.

G. Health Rules
1. A swimsuit is required. No gym shorts, jean material or cotton clothing of any kind is allowed in the pool. Cover-ups must be made of polyester, spandex or a similar fabric.
2. Only clean, appropriate attire designed for swimming is permitted. Appropriate swimwear is that which covers the breasts, buttocks, genitals region. Specifically, street clothes, thongs and see-through swimwear are prohibited.
3. All swimmers must shower before entering pool. Persons who are visibly dirty, have open wounds or contagious conditions, such as a cold, athlete’s foot, ring worm, boils or other skin infection, will not be permitted in the pool.
4. Do not swim when you have or suspect you will have an upset stomach or bowels.
5. Spitting, blowing the nose or urinating in the pools is forbidden.
6. Do not swallow or place any pool water in your mouths.
7. Tobacco products and alcohol are strictly prohibited.
8. No Band-Aids or casts may be worn in the pool.

H. Safety Rules
1. One long whistle blast signals an emergency. Exit the pool immediately and look to the lifeguard for further instruction.
2. Do not converse with or distract the lifeguards while they are actively engaged in their duties.
3. Patrons under the influence of alcohol or other drugs that alter awareness are restricted from the facilities.
4. You may be asked by a lifeguard to show an ability to swim before using the pool or pool equipment.

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5. Patrons must demonstrate adequate swimming ability before progressing to deep areas. Non-swimmers may not rely on the use of a flotation device.
6. Glass is prohibited at the pool. Eyeglasses worn into the water should be worn with a safety strap.
7. Do not hang on lane ropes, safety lines, ladder railings or basketball goal.
8. Horseplay is not tolerated. Running, pushing, dunking, water fighting, chicken fights, etc, are dangerous and are prohibited.
9. Hyperventilation or the holding of one’s breath underwater for an extended period of time can be extremely dangerous and is prohibited.
10. Use of mask, snorkel and fins is restricted to commercial quality equipment. The mask must be well fitted and have tempered safety glass.
11. All training and fitness equipment is to be used in the manner for which it was designed.
12. Diving of any kind is prohibited. Front flips, backward jumps, back-flips, gainers or any risky entry into the pool is not allowed. Any unsafe jumping or diving may result in expulsion from the pool.
13. Do not run on the pool deck or in the locker rooms.
14. In the event of severe weather, the pool will be cleared for 30 minutes after each lightning strike and/or thunder clap.

I. Food Policies
   1. Only water may be consumed in Nicks Natatorium. Must be in a spill proof container.
   2. Coolers and glass containers are not allowed into the facility.

J. Additional Policies
   1. Lifeguards have the right to remove anyone for behavior that is deemed unsafe or inappropriate.
   2. Lifeguards have final authority on all matters concerning safety and emergency situations unless relieved by proper authorities (i.e. University Police, EMS).
   3. The use of the pool is prohibited unless supervised by an authorized lifeguard, coach or instructor who is present at all times.

K. Gym Courts:
   1. One court in the gymnasium will be designated for multi-purpose activities of half court basketball, volleyball, etc. Requests for volleyball equipment set-up during alternate times will be accommodated when possible and on a first come/first served basis.
   2. Hanging on basketball rims or nets is not permitted.
   3. Take downs when basketball court volume is high... A 25 minute limit is effective.
   4. Do not remove any equipment set-up on courts. Ask the Rec Staff for assistance with equipment set up or removal.

L. Facility Rentals/Reservations
   1. Please contact Student Activities to schedule your reservation request.
   2. During Recreation Sports hours of operation any visiting department, organization, and/or individual MAY NOT INTERRUPT any Rec Sports services.
   3. Contact the Director of Rec Sports at 936-261-9367 a minimum 48 hours prior for approval. All inquiries must be emailed to recsports@pvamu.edu Monday-Friday 9a-5pm.

M. Telephones:
   1. The Rec Sports main phone line 936-261-9368 is NOT available for customer use.

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N. Lost, Stolen & Found Items:
   1. Any item turned in as lost/stolen will be recorded in the lost and found log at the Customer Service Desk.
   2. Items small in size such as wallets, cell phones, keys, jewelry will be stored in Member Services these items may be claimed during regular business hours of M-F 9:00am-5pm.
   3. Items large in size such as backpacks, clothes, equipment, books, etc...may be retrieved at the Customer Service desk any time Monday-Friday after 3pm.
   4. The claimant must make a positive identification.
   5. Lost items that have been held for two weeks will be donated to charity.
   6. The owner of a stolen item should report the theft to the Facility Supervisor, who will immediately complete an incident report and contact the Department of Public Safety.

O. Patron Disciplinary Policy
When a patron has violated a Recreation Sports or University policy, s/he is subject to disciplinary action. Examples of offenses include, but are not limited to: false use of identification, destruction of property, theft of property, trespassing, aiding or abetting, verbal or physical harm inflicted upon an employee or patron. Patrons are responsible for their children’s’ and/or guests’ conduct and any damage to or loss of property that may result in their guests’ actions. Disciplinary action may result in the loss of guest or membership privileges.

Procedure for reporting a violation:
1. Contact the Facility Supervisor or nearest staff member.
2. The Facility Supervisor will use discretion when approaching the party involved.
3. If necessary, Public Safety and/or Student Affairs Office will be called.
4. The incident and/or accident will be documented by the Facility Supervisor.
5. The assigned Prostaff will follow up by contacting individuals involved and will render a decision based on all available information.
6. If the incident involves a student, the Student Conduct Office will be contacted.
7. All documents will be filed and used in case of future infractions.

P. Outside Track, Tennis Courts, Flag football fields:
   1. Prairie View A&M University Athletic Teams have exclusive use of the track and tennis courts. Please see posted signs for specific Rec Sports member use times.
   2. Use of the flag football field is subject to reservation procedures (See article M)

Q. Racquetball Courts #1:
   1. Court will be available first come/first served. One hour maximum use.
   2. All racquets are physically check for damage prior to/after each checkout.
   3. Fees will be assessed for any racquet/eyewear returned with damages.
   4. Racquetballs are “FOR SALE” item due to the non-reusable shelf life after play.
   5. Personal racquets must have protective racquet guards.
   6. Protective eyewear is available & required to play.
   7. Shirts and closed-toe, non-marking athletic shoes are required.
   8. Use is limited to one hour per game.

R. Strength & Aerobic Conditioning (SAC) Rooms #5-6:
   1. Individuals are responsible for their own health and safety. For your safety, please follow all posted notices.
   2. Fitness towels are required to use any equipment.
   3. As a courtesy and hygiene maintenance to others, use the provided gym wipes to clean fitness equipment after each use.
   4. No one under 16 years of age may enter the SAC at any time.
   5. Shirts and athletic shoes must be worn at all times. No sandals (open-heeled or open-toed) permitted.
   6. No denim, leather, and/or restrictive clothing permitted.

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1. Water permitted in closed/sport/push top plastic containers only.
2. Please adhere to 45 minute rule when patrons are waiting to use equipment.
3. Do not drop weights from any height to floor as weights may break.
4. Do not lift free weights near windows or mirrors.
5. Keep hands and feet clear of moving parts while using machines.
6. Never put hands or feet under weight stakes.
7. Place hands and feet only on hand grips and footrests provided.
8. Free weights must be returned to their proper place after use.
9. Do not operate or attempt to repair machines with loose or damaged parts. Notify REC SPORTS staff.
10. Personal bags are PROHIBITED into SAC. All bags, books, and large items must be stored in a locker.
11. Certified Personal training is an available service offered by the REC SPORTS. Individuals not employed by REC SPORTS MAY NOT personal train in the facility.

S. Group Fitness Classes Rooms 2 & 4:
1. Participants are highly encouraged to arrive to class on time. Late participants may be denied entry to class, at the instructor’s discretion, due to the importance of a sufficient warm-up period.
2. It is highly recommended that participants stay for the entire Group Fitness class to ensure participation in the proper cool-down phase of class.
3. All group fitness class participants must be 16 years of age or older.
4. Soft-soled, closed-toe athletic shoes are required for all cardiovascular and resistance training classes. Hard-soled, closed-toe athletic shoes or cycling shoes are recommended for all spinning classes. Shoe removal may be appropriate in Yoga and flexibility training classes, at the instructor’s discretion.
5. Towels are required for all classes.
6. All equipment must remain in the studios and must be returned to its proper location after use. Equipment from other areas may not be brought into the studios. All equipment should be used for the manner for which it is designed.
7. To enter a class, participants must wait outside of the studio until the instructor allows everyone inside. Participants may not save spaces in line for friends.
8. Class entry is on a drop-in basis and will be open on a first-come, first-served basis.
9. Class size is limited to 10 participants in spinning classes.
10. Spin bikes are NOT AVAILABLE for individual use and may only be used during Rec Sport scheduled class times.
   a. See door signage for specific policies for participation.
11. Recreation Sports reserves the right to cancel any class on the basis of low attendance.

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