

UMA LIBRARY NEWS

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Special points of interest:

- Exhibit: Aug 15-Oct. 5, 2011
- Oldest African American Medical Association Publication
- Library Classes

OPENING DOORS: CONTEMPRARY AFRICAN AMERICAN ACADEMIC SURGEONS

For many years the National Library of Medicine (NLM) has provided traveling exhibits for display across the United States. These exhibits are seen in libraries and museums both large and small.

According to the NLM the "Exhibitions are based on original scholarly research and address a wide range of topics related to social and cultural history of science, medicine, and technology."

The UMA Library is hosting its second traveling exhibition this Fall Semester 2011. The exhibit is entitled "Opening Doors".

"Opening Doors" highlights three eras of African American academic surgeons - "Pioneers in Academic Surgery", "Contemporary Pioneers", and "New Frontiers in Academic Surgery".

Pioneer doctors include



tioned in the exhibit, but not shown are Dr. Patricia Bath, the first African American woman physician to receive a medical patent for an invention. Still, other notables are Drs. Matilda Evans, Richard Scott, and

Vivien Thomas.

Lt. Colonel Alexander T. Augusta who was among the first five faculty members of Howard University College of Medicine and the only African American. Other pioneers are Charles R. Drew, Daniel H. Williams, and Nathan F. Mossell. Contemporary pioneer doctors include Drs. Alexa I. Canady, LaSalle D. Lefall, Jr., Claude H. Organ, Jr., and Rosalyn P. Scott. Among the new frontier doctors are Drs. Karin L. Butler, Benjamin S. Carson, Sr., Sharon M. Henry, and Patricia L. Turner. Other notable doctors men-

The exhibit also highlight several African American hospitals - Meharry Hospital, Frederick Douglass Memorial Hospital, and Freedmen's Hospital which was transferred to Howard University College of Medicine on September 15, 1961 by President John F. Kennedy.

"Opening Doors" will be on display in the O'Banion Science Building, Room 129 from August 15, 2011 - October 5, 2011, 8:00am—5:00pm

OCR

FROM THE LIBRARIAN

Welcome UMA Students both new and returning. It will be a pleasure for the library staff to service you this school year.

I believe that Fall 2011 will be an exciting time for you; a new outlook awaits you that is filled with new adventures and new challenges to explore.

Take the time to browse the library shelves and see what resources can help you this semester and possibly the entire school year.

There are several things I need to remind you of: 1) activate your Student ID to check out books through the Coleman Library; all returning students can have

their Student ID updated in the UMA; 2) all books are checked out for three weeks. Pay attention to Due Date; it will save you money; 3) return all books checked out from the UMA to the UMA.

Have a great semester!
OCR

JOURNAL OF THE NATIONAL MEDICAL ASSOCIATION

"He who planteth an oak tree looks forward to future ages and plant for posterity . . . In 1895, a little oak scion was planted in Atlanta."

Dr. John A. Kenney, 1933

The *Journal of the National Medical Association* (JNMA) is the official publication of the National Medical Association founded in 1895. Founded as a professional organization for African American physicians, the National Medical Association has among its goal 'to raise both professional and educational standards and to promote cooperation among physicians'.

According to Dr. John A. Kenney in 1933, the National Medical Association was symbolic to the planting of an oak tree when he stated, "He who planteth an oak tree looks forward to future ages and plants for posterity; nothing can be less selfish than this. In 1895, a little oak scion was planted in Atlanta. . . . This sacred trust was for our posterity and to their care and keep-

ing we commend the future of this National Medical Association"

JNMA, the publication for the National Medical Association, is peer-reviewed and began its publication in 1909. JNMA, according to its website, provides "... application of medical science to improve health".

Today, the journal is available in both hard copy and online. The archival issues date back, with some full-text, to 2008 without membership access. Archival issues can be access via the website @

<http://www.nmanet.org/>. Each monthly issue highlights a particular disease that affect African Americans significantly more than other ethnic

groups. The fact that each issue covers a particular topic make the usage of the journal easy, especially when browsing journals for a particular topic.

JNMA is indexed in National Library Medicine Databases such as Medline and PubMed. Other online sources that indexed JNMA are ProQuest, and EBSCO.

Each month the cover of JNMA has a picture of an African American physician who has made contribution to medicine or artwork of African American culture. Within the journal, there is small explanation about the cover. If there is artwork, information on accessing the artwork is given with additional information about the artist. OCR

STAYING HEALTHY WHILE IN COLLEGE

There is great anticipation in going away to school. It's a time to become independent, meet new friends and seriously consider what one wants to be and do in life.

Aside from great expectation, independency, and thoughts about one's future is the a major concern for all students, that is, "staying healthy". Simply making sure you finish your studies in college in the same manner you begin—whole and healthy.

According to many sources, college students face several major health issues once they are on their own and away from a life they have enjoyed over sixteen years. This applies to both new and older students.

Students fail in watching their health or being health conscious in several areas. These areas are drinking,

sexual activities, obesity, and depression.

Overlooking either one of these areas lends itself to derailment in one or more areas of your health.

The Center for Disease Control (CDC) has identified several tips to assist college students to have and maintain a healthy life style while being in college.

Healthy living tips are 1) get a check up - find a health care provider or your school or the local health clinic; 2) get vaccinated-vaccination help prevent diseases and saves lives. Ask the health provider about meningitis, flu and other diseases; 3) get enough sleep—insufficient sleep is associated with a number of chronic diseases; 4) eat a balanced diet—fruits and vegetables are a natural resource of energy; 5) be active - physical

activities help improve overall health and reduce risk of diseases; 6) maintain a healthy mental attitude - talk with teachers, counselors, family, and friends about concerns; 7) avoid substance abuse - academic problems, death and property damages are linked heavily to substance abuse; 8) prevent sexual transmitted disease— the surest way to avoid transmission of STD is abstinence.

To find more information on healthy college life go to

<http://www.cdc.gov/Features/CollegeHealth/>.

&

<http://www.education.com/reference/article/staying-healthy-college/>. OCR

Insufficient sleep is associated with a number of chronic diseases and conditions such as diabetes"

MEDICAL WEBSITE

The websites below will provide informational material making them great sources for research. They are a combination of government and proprietary websites.

Mayo Clinic

<http://www.mayoclinic.com/>
Provides informational

links to the following diseases & conditions; tests & procedures.

Medline Plus

<http://www.nlm.nih.gov/medlineplus/>. Designed to assist patients and their families; it also provides information on diseases.

Kid's Health

<http://kidshealth.org/>

This site provides information for children, teens and parents. Many links to topic such as staying healthy, nutrition and fitness.

Health Information

<http://health.nih.gov>
This website provides links to other government medical websites. OCR

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*"What a school thinks
about its library is a
measure of what it
thinks about education."
-Harold Howe, former
U. S. Commission of
Education*

Ola Carter Riley, Editor
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The mission of the Undergraduate Medical Academy Library is to support the educational and research mission of the Undergraduate Medical Academy and the Prairie View A & M University. The "Library" will implement its mission by providing access to biomedical resources in print and in electronic formats, offering instructional classes and providing consultation to the users.

LIBRARY CLASSES SEPTEMBER—NOVEMBER 2011

September 2011

Research & Instruction Classes

September 7, 2011

Room 102 @ 10:30 am

&

September 26 & 29, 2011

Room 102 @ 2:00 pm

October 2011

Searching Medline & PubMed

October 11 & 13, 2011

Room 102 @ 11:00 am

&

October 21 & 26, 2011

Room 102 @ 2:00 pm

November 2011

Finding Medical Information Online via the Internet

TBA

Note: All classes are one hour long .

Library Hours

Monday through Friday

8:30am - 5:00pm

Saturday and Sunday

Closed

