



COUNTDOWN TO GRADUATION



Brian Anyanwu

Senior Biology Major
UMA Panther Class 2009
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My experience at Prairie View has been nothing but a blessing. To be honest I did not want to attend this university but after opening my mind and getting to know some of the students here, that quickly changed. Prairie View A&M has allowed me to achieve many goals, given me many mentors, and most of all allowed me to make close friendships.

Being a student in UMA has created many opportunities for me. I have made many connections as well as being given the opportunities to show different institutions what I am capable of. Because of the UMA, I have been able to shadow physicians, dentists, and also partake in research opportunities. I highly recommended any student interested in becoming a dentist, physician, or vet to apply for the Undergraduate Medical Academy.

My plans for the summer after graduation are to relax and prep myself for dental school starting in the fall. I know that dental school is very rigorous and requires a lot from a person, so I plan to abuse as much free time as possible.



Arielle Scott-Turner

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After four amazing years at Prairie View A&M University, it is now time for me to say good bye. However I would like to consider it as more of a farewell because I know I will be back soon. My experience here at Prairie View has been wonderful and one that I will never forget. The opportunities from conducting physics space radiation research, gaining membership into the Undergraduate Medical Academy and my involvement in various campus activities have really made me thankful for attending Prairie View over any other institution. The faculty and staff here care unconditionally for students especially for our success. Overall, I have enjoyed the school spirit of Prairie View because it is like no other. PV!...You Know!

The Undergraduate Medical Academy took me under their wing and helped steer me in the right direction. Knowing that acceptance into medical school was the ultimate goal; the UMA was determined to make that happen. I highly appreciate the faculty of the UMA for always keeping an open door and open heart to demonstrate compassion for all UMA students as well as those in need of assistance. It was an honor to have contributed time and service to the betterment of our academy and to witness the miracles created from making donations to toddlers and needy families. My experience within the UMA has been remarkable and it will always be considered as my home away from home.

Following my tremendous graduation celebration, I plan to participate in a pre-matriculation program to better enhance my medical school learning experience in the fall. I also plan to continue shadowing primary care osteopathic physicians to broaden my knowledge in this area of medicine. My summer will also consist of spending time with my sister and her new born addition to the family in Los Angeles, California.

UPCOMING DATES

- **PRE-MED SUMMIT**
Saturday, February 11
- **BAYLOR COLLEGE OF MEDICINE**
(Mock Interviews)
Tuesday, February 14
- **MINI GRAND ROUNDS**
Wednesday, February 15
Dr. Sloan - 2pm

Happy Birthday

Katrina Stephens – Feb. 4
Whitney Jones – Feb. 10
Asha Hobbs – Feb. 14
Briya Boone – Feb. 16
Nia Deese – Feb. 22
Renae Nicholson – Feb. 26

SPECIAL BIRTHDAY SHOUT OUT TO MRS. FULLER



A Little Advice on Love & Relationships

Compromise!!
-Matthew Stephens

Stay true to yourself. Don't change for the
other person.
-Katrina Jackson


Communication is KEY!!!
-Kayla Bowie

Wait until you get where you're going. Love
will always be there.
-Ashley Way

TIME MANAGEMENT! You shouldn't
spend too much or too little time with
someone.
-Corey Shy

SPACE & TRUST
-Karlotta Bushnell

When in an argument, walk away & gather
your thoughts before you say something you
may regret.
-Terrall Thurman




You are who you attract. If you carry yourself
with respect like a lady or gentlemen you will
be treated with respect.
-Brian Anyanwu


Keep your business between you and your
significant person. Not the entire world.
-Bianca Wright



Marvin D. & June Samuel Brailsford with
Amy Henderson at the Golden Triangle
Counselors' Forum



Did you know there is more to February that just Valentine's Day???



Throughout the year, there are various health issues that are observed. Some health problems are observed for an entire month while others are observed for a week or a day. Nevertheless, throughout the year, there are reminders of how important it is to be aware of our health and to make healthcare a number one priority.


During the month of February, there are four health issues that this essay will call to your attention. The four health awareness issues are "Heart Health", "International Prenatal Infection Prevention", "Low Vision Awareness", and "National Children Dental Health". Most of the health awareness topics have a website that enables the reader to link to information about the organization, articles, statistics, images, and other resources. Some of the websites will link to information from other websites such as the Center of Disease Control (CDC) and the National Institute of Health (NIH).

Heart Health Month can be accessed at <http://www.heart.org/HEARTORG/>. This website states that "... More women die of heart disease than all forms of cancer combined. . . ." There are links to topics on nutrition, physical activity, stress management, and healthier kids, to name a few. The information on this website can be read in several languages which is an added value to those seeking information.

International Prenatal Infection Prevention Month can be accessed at <http://www.groupbstrepinternational.org/index.html>. There are numerous links on this page to information about the organization, downloadable materials that range from promotional items to PowerPoint Presentations, and numerous other informational links.

Low Vision Awareness Month can be accessed at <http://www.preventblindness.org/>. This searchable website links to many topics, catalogs, downloadable articles with statistics on low vision problems. To keep the reader informed about local vision issues, there is a "Prevent Blindness in your State" link.

National Children Dental Health can be accessed at <http://www.ada.org/5578.aspx>. This website is a link from the American Dental Association that focuses on dental care for children. This is a searchable site that allows the user to look for age specific oral care. There are also links to "Fun Activity Sheets for Kids" in English and Spanish. Additionally, there are downloadable posters for children and teens.



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