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Texas A&M University, College Station, Texas	Ph.D.	Nutrition
Prairie View A&M University, Texas	MS	Home Economics
Bluffton College, Ohio	1981	Food & Nutrition
School of Rural Public Health, TAMU, Texas	2012	Certificate - Public Health
2008-2012	Faculty, Center for Community Health Development, School of Rural Public Health, TAMHSC	
2001-Present	Professor & Program Director, College of Agriculture, Nutrition and Human Ecology, Prairie View A&M University	

**Selected Peer-Reviewed Publications**

- McWhinney, SL.**, McKyer, Outley, CL. and McDonald, A. Barriers to Healthy Nutrition and Food Preparation Practices of Rural Families, *FASEB J.* 2010: 24:333.7
- McWhinney, SL.**, McKyer, Outley, CL. McDonald A., Determinant Factors of Food Consumption in Low Income Rural Communities, *J AM Diet. Assoc.* 2010; 110 (9)
- McWhinney, SL.** McDonald A, Moulton-Dawkins, L. McKyer, EL. Outley, CL. (2011) Barriers Affecting Physical Activity in Rural Communities: Parents' and Children's Perceptions, *Journal of Family and Consumer Science*, 103(4), pp. 38-44
- McWhinney, SL.**, McDonald, A. Moulton-Dawkins, L. McKyer, Outley, CL. Stakeholder's Solution to the Obesity Crisis; *The FASEB Journal.* 2011; 25:769.9
- McWhinney, SL.**, McDonald A, Moulton-Dawkins, L. McKyer, EL. Outley, CL. Barriers to healthy eating among rural families in lower socio economics areas, *TAFCS Research Journal* 2011: 2(6) pp. 33-35
- McWhinney, SL.**, McDonald, A. Moulton-Dawkins, L. McKyer, Outley, CL. Barriers to Healthy Nutrition and Food Preparation Practices of Rural Families, *The FASEB Journal.* 2012; 26:240.4
- McWhinney SL.**, McWhinney, HG, Chemical Identification and Evaluation of Leach Potential of Coating Materials on Utensils Used in (high temperature) Food Preparation, *IUNS 20th International Congress of Nutrition, Ann Nutr Metab*, 2013: 63(suppl1) 1-1960
- A. McDonald, **SL. McWhinney**, Outley, E. McKyer. Nutrition Education and School Wellness Policy: The Need for Registered Dietitians, *Journal Academy of Nutrition and Dietetics*, 2013: Suppl 3: Vol 113 (9)
- W Lu, X Chen, J. Miao, E McKyer, **SL. McWhinney**, C. Outley, Examining the Disparities in Children's Healthy Eating by Parent's Socio-Demographic Characteristics in Rural Texas, *Journal Academy of Nutrition and Dietetics*,
- McWhinney, SL**; McKyer, ELJ; McDonald A., Outley, CW. Student Wellness and Advocacy Project; Engaging Young Minds. *IUNS 20th International Congress of Nutrition: Ann Nutr Metab*, 2013: 63(suppl1) 1-1960
- Lu, W., Chen, X., McKyer, E. J. L., **McWhinney, SL.**, Outley, C. W. Examining the Disparities in Children's Healthy Eating by Parents' Socio-demographic Characteristics in Rural Texas. *Journal of the Academy of Nutrition and Dietetics*, 2013: Supplement 3. 113(9): A-82.
- Harriger, D. J., Lu, W., McKyer, E. L. J., Pruitt, B., Outley, C., Tisone, C. A., **McWhinney, SL.** School Personnel's Knowledge of School Wellness Policy Implementation: A Case Study. *Journal of Child Nutrition & Management* 2014: Vol 38, Issue (1).

- Lu W, Zhu L, McKyer ELJ, **McWhinney SL**, Outley C, Tisone CA. Social Ecological Correlates of Children's Active Commuting to School in Rural Areas. *J Health Behavior Public Health*. 2014; 4(1):9-18
- Xuwei C., Dawkins-Moultin, L, McDonald A, **McWhinney SL.**, McKyer E. L., Racial/Ethnic Differences in Children's Food Request Behaviors. *The Health Education Monograph Series*, Volume 32, Number 2, 2015
- Patterson, M. S., Amuta, A. O., McKyer, E. J., **McWhinney, SL.**, Outley, C. W., & Tisone, C. A. (2015). The Physical Activity Environment among Rural, Low-Income Children. *Health Behavior and Policy Review*, 2(6), 461-469.
- McDonald, A. E., Dawkins-Moultin, L., **McWhinney, SL.**, & McKyer, E. L. (2016). Childhood Obesity: An Examination of Rural School Stakeholders' and Parents' Beliefs. *Texas Public Health Journal*, 68(2).
- Odum, M., Outley, C. W., McKyer, E. L. J., Tisone, C. A., & **McWhinney, SL.** (2017). Weight-related Barriers for Overweight students in an elementary Physical education classroom: an exploratory case study with One Physical education Teacher. *Frontiers in public health*, 5, 305.
- McDonald, A. E., Dawkins-Moultin, L., **McWhinney, SL** (2018). Rural parents' beliefs about healthy eating. *Health Education Journal*, June 5, 2018.  
<https://doi.org/10.1177/0017896918774820>
- McDonald, A., Dawkins-Moultin, L. L. and **McWhinney, SL.** (2020). Food Preparation Literacy Education for Children and Adolescents: A Systematic Literature Review and Synthesis of Evidence Between 2010 and 2019. *Journal of Family & Consumer Sciences*, 112(4), 13-28.

### **Refereed Research PRESENTATIONS 2013- Present**

- McWhinney, SL**, McWhinney, HG, *Chemical Identification and Evaluation of Leach Potential of Coating Materials on Utensils Used in (high temperature) Food Preparation*, IUNS 20<sup>th</sup> International Congress of Nutrition, September 2013, Malaga, Spain.
- McWhinney, SL**; McKyer, ELJ; McDonald A., Outley, CW *Student Wellness and Advocacy Project; Engaging Young Minds*. IUNS 20th International Congress of Nutrition, September 2013, Malaga, Spain.
- Chen, X., McDonald, A., Dawkins-Moultin, L., McKyer, E. L., Tisone, C. A. Outley, C., **McWhinney, S. L.** Examining Parents' Decision upon Purchasing Sugary Foods for Their Children by Parents' Socio-demographic Characteristics in Rural Texas, *American Academy for Health Behavior (AAHB) 2014*.
- McDonald, A. E, Dawkins-Moultin, L., Chen, X., **McWhinney, S. L.**, McKyer, L., A Comparison of Fruits and Vegetable Consumption: Pre and Post Nutrition Education Intervention among Rural Elementary School Children. *Texas Public Health Association (APHA) Conference, 2015*.
- Dawkins-Moultin, L., Chen, X., McDonald, A., McKyer, L., **McWhinney, S. L.** Fourth Grade Students' Leisure Time Internet Use. *Texas Public Health Association (TPHA) Annual Conference, 2015*.
- McWhinney, S. L.**, Copeland, B. Analysis of Rural Day Care Centers Adherence to the Recommended Dietary Intake, presented at The International Society of Behavioral Nutrition and Physical Activity (ISBNPA) 16th annual conference, Victoria, Canada, 2017.
- McDonald, A., **McWhinney, S. L.**, The Need for Registered Dietitians, *Academy of Nutrition and Dietetics (AND) Conference, 2017*.
- McWhinney, SL.** Healthful Cooking & Nutrition, "Food Science Pathways: A USDA SPECA Challenge Grant Planning Conference", Galveston College, 2017