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Doctor of Psychology in Clinical Psychology Argosy University

M.A. Clinical Psychology Clinical Psychology

Argosy University

B.S. Biology & Psychology

Houston Baptist University

Texas State Board of Examiners of Psychologists

License Eligible

RESEARCH AGENDA

Research has increasingly focused on interactions between multiple social concerns, interventions to address upstream causes of mental health challenges, and use of simulation models to represent complex systems. However, methodological challenges and inconsistent findings prevent a definitive understanding of which social determinants should be addressed to improve mental health, and within what populations these interventions may be most effective.

LEADERSHIP EXPERIENCE

Deliver recruitment/staffing expertise of faculty and non-management personal Responsible for hiring, integrating, and monitoring of faculty Analyze the results of recruiting sources to determine use of resources are consistent with staffing requirements Input data in hiring management system Trained faculty on the learning management system Interpersonal/ Intrapersonal Skills Monitor turnover trends Social Media Management Public Speaking Exemplary Facilitator 10+ years supervisory experience

RECRUITMENT EXPERIENCE

(Full Cycle Recruiting) Project Management Collecting and reviewing resumes Screening applicants Employment assessments as needed Conduct job interviews Selection and onboarding of employees Verification and references Schedule physical examinations as needed for new hires ATS Software Knowledge Talent Acquisition

EPIC HEALTH CARE GO LIVE SKILLS

Excellent communication Diagnostic Skills Assessment Impeccable problem – solving abilities Skilled teacher/trainer facilitator Adult learning specialist CPOE/CPOM Customization Specialist Clin – Doc, Optime/Anesthesia, Stork & Radiant Specialist ADT/Prelude, Cadence, EpicCare Ambulatory Specialist Dragon Dictation Specialist

DISSERTATION/THESIS COMMITTEE EXPERIENCE

Provided my expertise and knowledge in several areas of Psychology to Master and Doctoral level students and contribute ideas and suggestions to the progression and successful completion of a Master's Degree or Doctoral Degree dissertation project (online and in person.) Knowledgeable in quantitative, qualitative, and mixed method designs.

AREAS OF SPECIALIZATION

Clinical psychology is a specialty that offers continuing and comprehensive mental and behavioral assistance to families, couples, and individuals. These professionals also offer consultation to communities and agencies; education, training, and supervision as well as research-based practice. Clinical psychology involves many aspects of serious psychopathology. The scope of this field involves people of all ages, nationalities, genders, and various systems.

Public Speaking, Test Anxiety, Errorless Learning, Presentation Skills, Nonverbal Communication, social media and Technology, Diversity & Inclusion, Clinical & Adult Andragogy/Pedagogy Research, Group Facilitation, Curriculum & Content Development

Child & Adolescent Interventions, Statistical Analysis, Presentation Skills, Non-Verbal Communication, social media and Technology, Diversity & Inclusion, Cultural Awareness, Psychological Assessment & Interpretation.

COUNSELING EXPERTISE

Lead educational seminars and lectures at local community and mental health centers to expand awareness of mental health

Collaborated with prescribing professionals to get client's necessary medical care

Organized interventions and treatment plans for clients

Created and implemented Psycho - Educational groups

Involve client's family members in planning social service programs

Keep abreast of new and developing information in the mental health field by attending professional Conferences/workshops

Served as client advocate, coordinated required services, resolved emergency problems in crisis Situations

LEARNING MANAGEMENT SYSTEMS Certified Instructor on all Platforms

- Brightspace/D2L
- Black Board
- Canvas
- SCROM Analytics Certified

WORK EXPERCIENCE

08/20 – Present

Prairie View A & M University Adjunct Instructor/Psychology GROM Certified/Online/F2F/Hybrid

GRQM Certified/Online/F²F/Hybrid

As a professor with a modern teaching style, I establish an academic environment at Prairie View A&M University that includes engaging curricula and non-traditional teaching methods to provide students with a full-scale, immersive learning environment designed to prepare them for the higher learning experience. I prepare detailed, comprehensive student learning outcomes, lectures, and seminars for classes with over fifty students. My cooperative and engaging relationships with colleagues help students reach their full potential by providing constructive personal feedback, educating them about academic and career options within their desired degree plans, and guiding them through various college and student-related issues.

Key Accomplishments:

- Create the opportunity to prepare students to transfer to a four-year university to continue their education in social work, counseling, criminology, business, and other disciplines.
- Introduced contemporary classroom culture incorporating active and collaborative learning that integrates computers & technology for various student grouping strategies. The methodology is now part of the school's training standards for new adjuncts.
- Recognized as a professor by the "Athletic Academic Services Staff" who consistently reinforces and applies lesson that teach the psychology of learning, cognition, and motivation; factors that impact learning; and application of learning strategies.
- Part of a team of faculty, staff, and administrators that helped graduate students in 2021. This came amid the COVID-19 pandemic and a devastating Winter storm.

Faculty Advisor for "Creating the Crown"

Creating the Crown is a Male Mental Health/Wellness Organization

Purpose: Although there are many male organizations with the same mission to serve and mentor. CTC is not that! We strive to bring awareness to everyone and specifically men regarding Mental Health Awareness and Education. This is done through the Advisor and health specialists as well as utilizing resources the campus resources to help educate, uplift, and create strong foundations for young men while combating the stereotypes surrounding Black and brown men. The Organization is officially the "FIRST" Men's Wellness Organization on campus.

Supported Events:

Induction, done virtually with over twenty-six inductees "Dodge for a Cause" Male Clothing Drive Hustle University Part I & II (Keeping the Business Alive) The Male Initiative Myth Busters: Is Therapy Even Worth it?

Mental Health Counseling Capacity Building Task Force

The purpose of the committee is to establish an infrastructure for assigning Master Social Worker and Clinical Psychology Graduates to complete internships in the University Counseling Center.

Career Information Day for Psychology Majors

Facilitated information along with me peers to undergraduate students who were interested in pursuing a career in the Behavioral Sciences.

Assessment of Knowledge based Working Groups for Student Learning Outcomes

The focus of this group is to contribute knowledge to the community of scholars within the Psychology Department to ensure that SLO's are being met and aligned with the University.

STEP Internship Position Faculty Supervisor

Co-developed a requisition with the Senior Administrator to create two internship positions within the department.

Responsible for monitoring and mentoring the student's daily activities.

Worked with the student to create a cohesive and comprehensive project to be presented on what she learned while working with the faculty mentor and psychology department.

Grade Appeals Committee

Is responsible for calling meetings, communicating with the individuals involved with the appeal, and drafting the final report explaining the committee's decision.

PSYCHOLOGY 2301 : GENERAL PSYCHOLOGY (face to face and online)

This course allows the students to identify various research methods and their characteristics used in the scientific study, understand the historical influences and early schools of thought, describe the prominent perspectives and approaches used, become familiar with the unique terminology, describe accepted approaches and standards in psychological evaluation and assessment, and be able to identify factors in psychological and physiological processes involved in human behavior within the field of psychology.

PSYCHOLOGY 2316: PSYCHOLOGY OF PERSONALITY

This course is an examination of the major personality theories and ideas within the field. The students critically analyze the process of personality development, identify, and describe the historical and philosophical origins of each theory, describe theoretical paradigms to include, but not limited to, psychodynamic, humanistic, behavioral, and cognitive theories, be able to understand the relationships between the major concepts in each theoretical paradigm. While being able to appraise their personality development through experimental exercises, group interactions, videos, lecture, and individual study.

PSYCHOLOGY 2317: BASIC STATISTICS (face to face and online)

This course introduces students to the basic and essential concepts, including measures of central tendency, variability, and statistical inference. Emphasis is also placed on t - test, correlation, and analysis of variance. Upon completion of the course, student will be able to use appropriate methods of descriptive statistics to describe and data, demonstrate and use the appropriate use of inferential techniques, understand basic statistic terminology, interpret, and evaluate research design in professional literature while being able to evaluate appropriate usage of statistical information and analyses.

PSYCHOLOGY 2314: LIFESPAN GROWTH AND DEVELOPMENT

This course is a study of development from conception to death with emphasis on factors which influence growth and development. Consideration will be given to social, emotional, cognitive, and physical growth and the development at each period of lifespan.

Upon completion of the course, students should be able to identify the stages of developing persons at different periods of the lifespan from birth to death. Be able to understand the social, political, economic, and cultural forces that affect the development process of the individual. Identify the biosocial, cognitive, and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change. Learn the different developmental perspectives of the major theories of development (cognitive, learning, humanistic and psychodynamic.) Pay attention to and identify factors of responsible personal behavior regarding issues such as sexual activity, substance abuse, marriage, and parenting. Look for examples of some of the cultural and ethnic differences that influence development throughout the lifespan. Identify the various causes or reasons for disturbances in the developmental process. Demonstrate critical thinking and cognitive processing abilities by careful, thoughtful reading and clear written expression through written assignments and class interaction.

Undergraduate/Graduate Levels Courses Taught

PSYCHOLOGY 2301: INTRODUCTION TO STATISTICS/BEHAVIORAL SCIENCES

The course introduces descriptive and inferential statistics, correlation, probability, and regression-with applications in behavioral sciences.

PSYCHOLOGY 4390: SENIOR PSYCHOLOGY CAPSTONE (online)

This course was created from inception by Dr. Sawyerr and provides a culminating experience for the psychology major. Students will incorporate the essential core concepts of psychology into one of two domains. Domain I will focus on an in-depth original research project written according to American Psychological Association guidelines. Domain II will focus on an internship at an approved site.

PSYCHOLOGY 4332: SOCIAL PSYCHOLOGY

Contemporary approaches to social behavior are considered. Cultural influences, prejudice, persuasion, conformity, attribution theories, and social cognitions are some of the topics addressed.

PSYCHOLOGY 6302: MEASURMENT & APPRAISAL

Principles and techniques of psychological measurement are emphasized. Major instruments are surveyed, exclusive of projective measures and individual intellectual measures. The knowledge and skills covered can apply in a variety of settings, agencies, clinics, schools, and businesses. Uses and critical evaluation of achievement, aptitude, interest, and non-projective personality tests are included, as are experiences in administering and scoring of tests, and ethical standards for uses of tests.

PSYCHOLOGY 6310: CLINICAL PSYCHOPATHOLOGY

This course reviews the etiology, symptoms, diagnosis, prognosis, and therapeutic methods applicable to the major psychological disorders. Course also focuses on issues of multicultural competence and a general model of understanding mental health. Emphasis is on dual/multiple diagnoses, application of diagnostics to clinical practice, knowledge of current psychopharmacological treatments, understanding and practicing empirically supported treatments, and becoming familiar with treatment planning

PSYCHOLOGY 6324: RESEARCH SEMINAR

In this course Master Level course, the student designs and completes an original yet supervised research project to include literature review, hypotheses, method, and procedures, collecting and analyzing data, and writing a high-quality APA research report. Students will present a brief overview (oral presentation using power point) of their project to the class for their final exam.

PSYCHOLOGY 3513: Human Diversity PSYCHOLOGY 2423: Developmental Psychology PSYCHOLOGY 530: Social Psychology **PSYCHOLOGY 550:** Measurement & Assessment **PSYCHOLOGY 560:** Theories of Personality **PSYCHOLOGY 570:** Ethical Practice in Psychology **PSYCHOLOGY 790:** Capstone in Psychology **PSYCHOLOGY 500:** Foundations of Psychology **PSYCHOLOGY 2231: Abnormal Psychology PSYCHOLOGY 3314: Physic psychology PSYCHOLOGY:2301** Honors Course (Psychology in Film) **PSYCHOLOGY: 375** Cognition **PSYCHOLOGY540:** Cognitive Process **PSYCHOLOGY:307** Sensation & Perception **PSYCHOLOGY:6339** Program Evaluation **PSYCHOLOGY 4391: Research Seminar PSYCHOLOGY:3110** Applied Behavioral Analysis **PSYCHOLOGY: 2331 Intro to Neuroscience**

Clinical Mental Health Counseling Courses (CACREP, Licensure Courses)

ANC-D Psychological Services, Houston, TX Psychological Consultant (Head Start)

Provide effective behavioral interventions and psychological testing that assist with a wide variety of children with mental health issues. Conduct, write and evaluate psychological reports, and early childhood developmental evaluations. Provide individual, family, couples, and group counseling with families affiliated with Head Start.

Kinghaven Counseling Group, Houston, TX Post – Doctoral Psychology Fellowship

Provide comprehensive treatment to families, children and individuals that include a thorough clinical assessment, psychological evaluation, behavioral therapy, play therapy, individual, family and couple's therapy. Conduct comprehensive supervision to doctoral interns and practicum students on a weekly basis. Assist in the daily duties of managing and maintaining the psychology department.

PRE – DOCTORAL INTERNSHIP

Charis Psychological Associates, Houston, TX

Learned effective interventions that assisted me in working with a wide variety of psychological disabled and mental health individuals. Conducted psychological reports, career, disability, social security, and early childhood developmental evaluations. Provided individual, family, couples, and group counseling with a large diverse population. Assisted other practicum colleagues in supervision and gaining the appropriate skills in conducting assessments and scoring measures. Obtained adequate supervision, didactics, and workshop trainings, in the field of psychology under the leadership of licensed psychologist. All work was complete in compliance with the Texas psychological code of ethics and conduct regulations.

Mental Health & Mental Retardation Authority of Harris County, Houston, TX Rehab Clinician 12/06 – 07/08

Coordinates and provides mental health community support services for individuals with mental disabilities. Services include rehabilitative services provided in small groups and in individual sessions. Monitors and assesses consumer behavior, and progress. Provides input for treatment planning and implementation. Traveled to consumer's homes and in the community to provide individual services as needed.

Crisis Outreach Worker

Provided mental health services for short – term interventions with individuals and groups experiencing psychological reactions to the Katrina Disaster.

Initiative-taking in conducting and creating group/individual intervention methods to youth who have been in minimum- and maximum-security facilities.

Provide group and individual counseling sessions as deemed necessary for individuals.

Services include assisting people in understanding their current situation and reactions, spending time reviewing options, addressing emotional support, and coordinating referral services.

Services provided to individuals who were in the affected area and have mental needs caused or aggravated by the disaster aftermath.

Compile educational and economic information to aid clients with their transition from Hurricane Katrina.

Able to provide a direct link and communicate effectively with various organizations about the Katrina Crisis Counseling Program.

Developed, implemented, and presented various curriculums to the Katrina Crisis Counseling staff and other various organizations within the community.

Conduct home visits with the family and students as deemed necessary.

Ensured that follow up assessments/visits were completed with the clients, to make sure they were progressing toward their desired goals.

11/ 05 - 12/06

12/11 - 08/12

07/10 - 08/11

08/11 - PRN

Girls & Boys Magnet Academy. Houston, TX **Biology**, Algebra I, Health, Anatomy **Physiology & Life Science Instructor**

Assisted the Science & Mathematics Chairpersons with assorted duties to implement passing rate on the TAKS test (High School & Middle School). Draft lesson plans towards TAKS objectives; organize grade book for review & approval; mark tests and record grades; average class sizes were approximately twenty-five students; teach four different lesson plans per day. Additionally, responsible for being the senior sponsor, implementing all Science club activities & co – founder of the GB Debutantes.

Kay on - Going H.I.S.D., Houston, TX

Dedicated Associate Teacher

Assist Biology & Chemistry chairpersons, all science faculty members, or other professional staff members in the school, by performing teaching or non – teaching related duties. Such as teaching all Biology & Chemistry courses when needed, developing teaching materials, preparing, and giving examinations and grading examinations or papers.

Faculty Licensure Mentor

Work closely with students to make sure licensing requirements are reviewed carefully and analyzed. As a mentor I provide support/guidance to ensure the application for licensing requirements are met for the EPPP and LPC state licensing guidelines.

Grant Writing & Proposal Development

Certificate in Grant Writing & Proposal Development Academy of Lifelong Learning :25 Credit hour program designed to develop a thorough understandings of the grant – writing process, from locating appropriate funding opportunities and solicitations to evaluating the requirements of funding agencies and preparing a responsive proposal document.

Successful completion of the following courses

Writing Successful Grants, Parts I & II (2hrs) Strategies for success in Sponsored Research (2hrs) Finding Funding (2hrs) Success with Proposal Development – the Proposal Development Team (PDT) (1hr) Responsible Conduct of Research (4hrs) Building the NSF Grant Proposal (3hrs) Building the NIH Grant Proposal (3hrs) Career Development for Pre and Post Docs (2hrs) NSF Career and Bridge Grants (2hrs) Human Subjects/IRB (2hr) Export Control (2hr)

Accelerated Intermediate Academy, Houston, TX **Special Education Instructor Middle & Elementary**

Develop and implement strategies to meet the needs of students with a variety of handicapping conditions. Instruct students in daily living skills required for independent maintenance and selfsufficiency, such as hygiene, safety, and food preparation. Instruct through lecture, discussions, and demonstrations in one or more subjects such as English, mathematics, or social studies. Confer with parents, administrators; testing specialists, social workers, and professionals to develop IEPs designed to promote student's educational, physical, and social development. Employ special education strategies and techniques during instruction to improve the development of sensory - and perceptual -motor skills, language, cognition, and memory. Modify the general education curriculum for special - needs based upon a variety of instructional techniques and instructional technology. Meet with all members of the appointed team to resolve student's behavioral and academic problems. Establish and enforce rules for behavior and policies and procedures to maintain order among students.

Middle School Administrator

07/04 - 11/05

08/02 - 5/03

06/03-07/04

Best Practices in Teaching Curriculum Development

A semester long, 10.5 – hour intensive certification program designed to enhance the teaching skills of instructors/facilitators through seminars and faculty - coaching, while increasing research productivity, support networks, accountability, and mentoring relationships. Successful completion of the following courses:

What you need to know about students (1.5)Preparing a good syllabus and constructing a teaching portfolio (1.5) Addressing classroom expectations and civility (1.5) Incorporating writing assignments and oral presentations in your online and F2F classes (1.5) Library resources for teaching & Technology in the online and F2F classroom (1.5) Diversity in the classroom, teaching in 2021 (1.5) Making a mentoring network work for you (1.5)

Master Teacher Certificate Training Program (MTCT)

Department of Behavioral Sciences. Level one, 15 – hour program aimed at enhancing skills as a Social Scientist Researcher through exposure and training.

Statistical Assessment/Analysis Experience

Manage system project websites via SharePoint, including troubleshooting technical issues and developing guidelines for public/privileged information and user permissions.

Knowledgeable in SPSS, STATA, SAS, MATLAB, MAXQDA, POWER BI to process and validate models.

Implement standards for data.

Provide programming guidance on Software platforms

Create and validate datasets.

Pool data across multiple studies.

Used tools such as SAS and SPSS to perform statistical analyses on psychological related data.

Create measurable objectives and KPI's

Maintain KPI database and utilize for evaluating performance.

Present the results and statistical reports in PowerPoint students, faculty & staff.

Prepare study protocols and technical reports to support submission to IRB for approval.

Present findings both in Microsoft PowerPoint and orally with colleagues and administration at monthly meetings.

Translate web analysis into new product concepts, plus projections on ROI for new web features and functionalities.

Assist in the production and QC of derive dataset specifications, programming specifications, and other process supporting documents.

PROFESSIONAL AFFILIATIONS

Amazon Prime Presenter	2018-Present
Southwestern Psychological Association	2013-Present
Doctoral Support & Mentorship Program (LSCS)	2013-Present
Psi Beta	2013-Present
Psi Chi	2007-Present
American Psychological Association	2007-Present
Houston Psychological Association	2007-Present
Texas Psychological Association	2006-Present

Houston Area Urban League, Inc. Member, American Psychological Association Member, Learning Disabilities Association of America HABPsi Professional Graduate Psychology Organization Member, NAACP

SERVICE ACTIVITIES

Curriculum Team Psychology Hiring Committees: Speech, Psychology, Government, History, Sociology, Criminal Justice, Student Services Education 1300, Criminal Justice **Student Success Initiative** Faculty Excellence Recipient Faculty Excellence Committee Adjunct Faculty Excellence Committee **Career Development Presenter** Criminal Justice Student Advisory Panel STAND UP: Start Taking Action Now for Diversity Lone Star College on **Black American Affairs** Puente Certified Instructor Deans and Chairs Institute Academy College Boards "A Dream Deferred" Conference Electronic Textbook Committee Houston Baptist University/Mental Health Week Sol – Caritas/Ted Talk Curriculum Team/Psychology Dept Representative

2003-Present 2003-Present 2003-Present 2003-Present 1998-Present

Member Faculty Faculty Faculty Faculty Faculty Faculty Member Member Faculty Faculty/Moderator Faculty/Member Faculty/Member

Faculty Faculty Faculty Guest Speaker Guest Speaker Faculty

Awards

Faculty Excellence Adjunct of the Year Graduate Teacher of the Year Wells Fargo Diversity Champion Award for promoting diversity & inclusion Volunteering Award for local community volunteering Club advisor (two years in a row) SLRC (Student Learning Resource Center) for most improved students

Certifications

Crisis Counseling Anger Resolution Therapist Group/Individual Counseling LCDC – I Mediation Training Jurisprudence of EPPP Exam Content Development Play, Art & Music Therapy Course Creator/Designer GRQM (Getting Ready for Quality Matters) Course CITI – Research Certification

Supplementary Post – Doctoral Experiences

University of Houston Clinical Psychology Lab – supported mock clinical assessments facilitation group& individual sessions Texas Southern University Statistics Tutor Undergrad/Grad Southern Association of Colleges and Schools (SACS) – Psychology Credentialing Google Next Gen Innovators – Mental Health

A Dream Deferred, The Future of African American Education Conference – Guest Speaker

Research In Progress

Sawyerr, C. (2021). Linking The Disparities of Mental Health Concerns Among African American Men and HBCU'S.

Metofe, P.A, & Sawyerr, C. (2022). Intermediate Statistics of Psychology.

Metofe, P.A, & Sawyerr, C. (2022). The Effects of the Covid – 19 Pandemic and the Need for Work Schedule Flexibility.