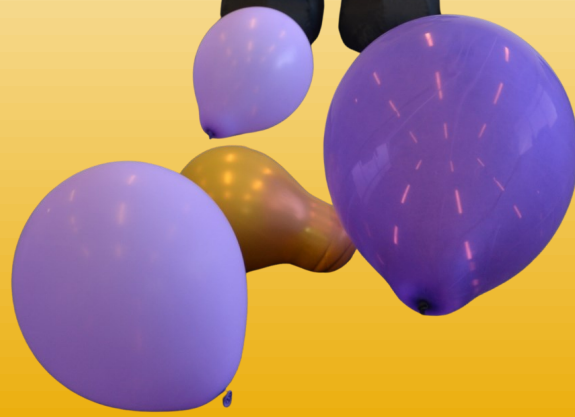


July 2025



Prairie View A&M University

Northwest Houston Center



Community Garden




Excellence Lives Here
NORTHWEST HOUSTON CENTER

 **PRAIRIE VIEW A&M UNIVERSITY**
SCHOOL OF AGRICULTURE, FOOD, AND NATURAL RESOURCES

COMMUNITY GARDEN DAY

Join fellow community members to cultivate wellness and green spaces!

Whether you are a seasoned gardener or a curious beginner, this event is perfect for everyone! Enjoy a day of planting and connecting with nature.

 **PVAMU Northwest Campus**
9449 Grant Rd, Houston, TX 77070

 **May 31, 2025**
9 a.m. - Noon



FOR MORE INFORMATION:
Quincy Hale | E: qthale@pvamu.edu | wellnessinhouston.pvamu.edu

On May 31, 2025, the Northwest Houston Center connected with PVAMU Wellness and Houston to host our first annual Community Garden Day at PVAMU Northwest Campus. After months of hard work and planning, the community garden event was a success. There was an enormous turnout of faculty, staff, students, and community members. Mrs. Tonnie (NWHC), Mrs. Gale (John B Coleman Library), and Mr. Quincy (Wellness in Houston) provided a very hands-on experience that connected to the broader lessons about patience, perseverance, responsibility, and the interconnectedness of nature. I attended the event and I was taught the importance of observation and understanding of sustainability and environmental stewardship. Gardening has its way of nurturing the mind and body as one takes in the sights of nature. The garden was seen not as a project to be controlled, but as a living ecosystem requiring nurturing and care. Different watering techniques were tested, compost was added to improve the soil, and it was learned that some challenges, like unpredictable weather or pests, were beyond control. Most people view gardening as a mere hobby without considering it as an outlet to relieve stress when feeling pressured. This activity can also improve an individual's well-being in several ways. The garden beds sit in front of the Northwest Houston Center and are thriving. We look forward to bigger and better community garden events at the NWHC soon.

Story by: Brittany Johnson

After the Tassel



Meet the wonderful Mrs. Stephanie Sherman. The Northwest Houston Center has the pleasure of working alongside Stephanie and it is in our great honor that we dedicate “After the Tassel” to her. We had a chance to catch up with her after she graduated this past spring and here is what she shared with us.



Tell me about yourself.

My name is Stephanie Sherman—proud wife of 13 years and mother to three wonderful children: Arianna (18), Caylee (15), and Carrington Jr. (12). A native of Philadelphia, PA, with strong family roots in Austin, TX, I graduated from Manor High School in Manor, Texas, in 2007. In 2008, I enlisted in the United States Navy, where I honorably served for eight years. During my deployment that same year, I met my husband, and we've been inseparable ever since. After completing my military service, I earned a Bachelor of Arts in History with a minor in Business Administration from the University of Houston—Downtown in 2016. In my free time, I enjoy watching documentaries, traveling with family and friends, cooking, creating all-natural juices, and wine tasting.

Why PV for your degree?

I chose PVAMU because I wanted the full HBCU experience—one rooted in culture, community, and a legacy of excellence. I knew PV would not only challenge me academically but also surround me with people who look like me, understand my journey, and push me to grow both personally and professionally.

How do you think attending an HBCU benefited you?

Attending an HBCU has been a powerful and transformative experience. It gave me a sense of pride, purpose, and belonging. Being surrounded by faculty, staff, and peers who genuinely understood my background and were invested in my success created a supportive environment where I felt seen and empowered. PVAMU helped me grow both academically and personally, and reinforced the importance of community, resilience, and excellence.

What is your current job/position?

Program Coordinator II for the Office of Graduate Studies

How long have you been working for PV?

March 2024

Northwest Houston Center

Trivia



1. When did PVAMU established a presence in the Northwest Houston area?
2. When and where was the first building that PVAMU leased to be used as classroom and office space?
3. What year did PVAMU relocated all courses?
4. The Master of Education in Educational Administration and Master of Arts in Counseling degrees were approved in was year?
5. In 2009, PVAMU purchased the current facility (Northwest Houston Center) from who?



NWHC Staff

The Northwest Houston Center would like to introduce you all to Mr. Orlando Garcia. Mr. Garcia is currently the Director of College of Business for the Graduate Programs. We had the opportunity to catch up with Mr. Garcia during his busy schedule to ask him a few questions and this is what he had to say.

Tell us about yourself.

I was born and raised in East Chicago, Indiana. Oldest of 3 Children, my parents raised and guided me in all aspects of my academic, spiritual, and professional growth. “My Mom and Dad supported me in all aspects of my personal/professional growth and development. I am thankful that I had very loving and caring parents who encouraged me to always do my best-no matter what obstacles may be in my way”. I have been married for over 12 years to my Lovely Wife, Dr. Kesha Henry, and I have 3 Beautiful Children- Nayeli, Sabriah, and Sebastian Garcia.

Where did you earn your degrees from?

I earned my B.S. in Technology from Purdue University Calumet (Northwest), and my M.S. in Management from Calumet College of St. Joseph. I am currently a Doctoral Candidate working on my Ph.D. in Educational Leadership-with a Concentration in Higher Education from Prairie View A&M University.

How did you get started in your career and what motivated you?

After I finished my bachelor’s degree-I started my professional career in county government, and then Big Box Retail Management-but I had always been interested working in Higher Education and helping students from Underrepresented/First Generation backgrounds. I am motivated to help all students that are looking to better themselves and show they are deserving of earning their Undergraduate/Graduate Degrees so they can not only help themselves but also their community and support their families.

How long have you worked for Prairie View A&M University?

This Summer will be my 8th year of working at Prairie View A&M University!

Do you have any words of wisdom or motivation for our readers?

No matter how hard the task-always remember the struggles and sacrifices our family and our ancestors have gone through so we can have better opportunities. Be thankful for what you have, and strive to do better not only for yourself, but for others who may look up to you for guidance and support.



**PVAMU Northwest Houston Center Teams with
PVAMU Extension, Childs Legacy Law Firm, P.C.
to Help Families Protect and Hold On To Their Property**

Ms. Angela Moore, Program Coordinator for PVAMU Extension within the College of Agriculture, Food, and Natural Resources, along with representatives of Childs Legacy Law Firm, P.C., presented at the “Show Me the Money” forum held at the PVAMU Northwest Houston Center on April 5, 2025. This forum was the first in a monthly series on the topic of Heirs’ Property and Estate Planning that is offered free of charge as a service to members of the community. “We are delighted to be a part of this collaboration as we believe raising awareness about tools to help protect assets will help families keep their land,” said Dr. Kamala Williams, Director, PVAMU Northwest Houston Center.

Ms. Moore’s presentation stressed the importance of protecting and preserving heirs' property which left the audience feeling a sense of urgency to communicate with family members and make efforts to protect their own family property from potential loss. Moore noted while heirs' property is most prevalent in the Southeast region of the United States, it exists throughout the nation and can impact any family. The forced sale of heirs' property is one tactic that can lead to land loss and is a trend that appears to be on the rise as more and more investors are using this as a business model. Ms. Moore concluded her presentation by urging attendees to take steps to protect their assets by creating an estate plan. This call to action provided a smooth transition to the next presentations on Estate Planning by Ms. Eraka Childs, Esq. and Mr. Chris Watson, of Childs Legacy Law Firm, P.C.

The Show Me the Money Estate Planning Forums are generally held the first Saturday of every month from April 2025 through December 2025 at the PVAMU Northwest Houston Center from 10 a.m. to 1 p.m. with check-in at 9:30 a.m. Refreshments and a light lunch are provided. Though there is no fee to attend, persons are asked to register in advance to ensure we are able to accommodate everyone. Be on the look out for flyers to register for these events.

Story by: Angela Moore



The Office at the Garage Project

Discounted Coworking Access for Students, Entrepreneurs, and Recent Grads



Introduction

As more students and recent grads launch startups, secure remote internships, or prepare for graduate studies, The Office at the Garage Project is offering a timely solution: an inspiring, fully equipped place to work—without the cost or commitment of traditional office leases.

Located in North Houston, this independently owned coworking space provides private offices, flexible desks, and meeting rooms—designed for early-career professionals who want to focus and grow.

Whether you're freelancing between classes, writing your thesis, or pitching your first client, The Office helps you do it in a productive, professional environment.

Open 24 Hours for Members!

Why Choose The Office

Why Students & Universities Choose The Office



Flexible desk space and private offices for side hustles or startups



No long-term contracts or commitment required



Free high-speed Wi-Fi, coffee, meeting rooms, and parking



Supportive, local community focused on innovation and growth



Event-ready space for student orgs, group projects, or networking nights

Disclaimer: 24-hour access is available exclusively to paid monthly members through our secure keyless entry system.



Try It for Free

We're offering your first week of coworking free—so you can experience the space, meet the community, and get work done in an environment built for progress.

Scan the QR code to redeem your free 5 day passes.

Email: officeatgp.hou@gmail.com Phone: 346-645-3098 Address: 6510 Bourgeois Rd Houston, TX 7706

The Office at the Garage Project offers discounted Coworking Access for students, entrepreneurs, and recent grads which is extending the Northwest Houston Center Community. The Office at the Garage Project is offering everyone a “Free Day Pass”, scan the QR Code on the flyer to get yours!

For more details please use the contact information at the bottom of the flyer.

Story by: Tonnie Matute

NWHC Resources

Library Hours

Mon.-Thurs.: 8:00 a.m.-6:00 p.m.

Fri.: 8:00 a.m.-12:00 p.m.

Sat.: 8:00 a.m.-5:00 p.m.

Apparel Store

Located in Room 106 on the 1st floor

Appointment Only for the summer semester



DRINK WATER
Stay Hydrated

We have filtered water fountains located on both 1st and 2nd floor

Bring and Refill Your Own Water Bottle

Reduce Plastic Waste

Drink Cleaner and Healthier Water

NORTHWEST HOUSTON CENTER



NWHC Summer Hours

June 9, 2025 - August 15, 2025

- Monday - Thursday 8:00 a.m. - 9:00 p.m.
- Friday 8:00 a.m. - 12:00 p.m.
- Saturday 8:00 a.m. - 5:00 p.m.

Building will be closed on dates below:

Juneteenth
June 19, 2025

4th of July
July 4, 2025

Counseling Services

University Ombudsperson

Ms. Aundrea Cudjoe-Jackson

Best reached by email

adcudjoejoackson@pvamu.edu

Appointment Preferred!!!