

PRE-REGISTER (Limited Space)!

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"Serving you a plate of total health & wellness!"

Coupons and Shopping on a Budget

By Annette Bowdre
and Dr. Eustace Duffus

Wednesday
August 27, 2014
@ 12 pm



Lets Talk About:

- **How to effectively organize coupons**
- **Cutting your grocery bill in half or get IT free!**
- **Creating great shopping lists**

Carden Waller Extension Building

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