



PRAIRIE VIEW A&M UNIVERSITY

A Member of the Texas A&M University System

June 23, 2014

OFFICE OF BUSINESS AFFAIRS MEMORANDUM No. FY14-72

Distributed via Campus Email

To: Faculty and Staff

From: Corey S. Bradford 
Senior Vice President for Business Affairs

Re: **REMINDER** - Wellness Incentive for Covered Employees & Spouses

The A&M System has implemented an incentive program that encourages employees and covered spouses to be engaged with a health care provider in receiving preventive services. Preventive health care services are a covered benefit through the A&M Care Health Care Plan. All covered employees and their covered spouses will be encouraged to have a physical or routine wellness exam between **January 1, 2013 and June 30, 2014**.

Beginning September 2014, there will be a \$30 monthly wellness differential for the covered employee and their covered spouse (up to \$60.00) if they have not met the incentive. (Premiums could increase by \$360.00 per year for covered employees and up to \$720.00 per year for covered spouses if incentive is not met.) Please review the attached document that includes frequently asked questions and steps to verify that the credit has been reported properly to your account.

For additional information regarding the wellness incentive or benefits, please contact Benefits Specialist, Patricia Hinojosa at pvhinojosa@pvamu.edu or the Office of Human Resources at 936-261-1730.

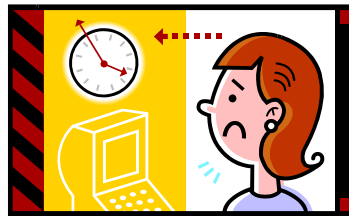
PLEASE post a copy of the attached flyer and/or distribute copies as you deem appropriate.

Reminder...Have you had your wellness exam?



In order to avoid paying higher medical insurance premiums, all covered employees and covered spouses (does not apply to Graduate Students or dependent children) must have an annual exam **by June 30, 2014!**

Should you choose not to have an exam, your medical premiums could increase by \$30.00 per month for covered employee and an additional \$30.00 for covered spouse. This could result in a \$360.00 per year or a \$ 720.00 per year increase on your medical premiums.



The clock is ticking.....

Please take advantage of your medical plan benefits and call your **network** physician today to schedule your annual physical/wellness exam.

FAQ's

Is there a form that I need to take to my doctor to complete? No forms are necessary; the credit is obtained through the billing code that your physician sends to Blue Cross Blue Shield.

I was just hired in September of 2013, do I have to have a wellness exam for my plan? No, if your coverage began after **09/01/2013** then you are not required to obtain a wellness exam for this year's incentive to be met. The incentive requirement applies to anyone enrolled in coverage prior to September 1st, 2013. However, you are encouraged to visit with your doctor and schedule a wellness exam to meet next year's requirement.

I had an exam in 2014, how can I be sure that I received credit for the exam? Please create an account in the Blue Access for Members portal, follow the numbered instructions below to verify your credit.

Should you have questions or need additional information, please contact Patricia Hinojosa, Benefits Specialist at 936-261-1727 or via email pvhinojosa@pvamu.edu

Reminder...Have you had your wellness exam?

My spouse and I had an exam but my spouse's credit is not recorded in my Blue Access for Members site? Due to privacy regulations you will not be able to view your spouse's claims nor credit for the incentive. Your spouse will need to create their own Blue Access for Members account to see their own claims.

If I had a wellness exam with an "out-of-network" doctor will it still count? No, claim would decline as not covered and would not be applied to the incentive credit.

Already had your exam and want to check to make sure you receive your credit for it? Follow the instructions listed below:

1. Log onto BCBSTX.com
2. Click on the **blue My Coverage** tab near the top of the page
3. In the gray **My Coverage** box in the upper left corner, click on **Incentives** (last link in the box)
4. In the center of the page, click on **Visit Site, in blue**
5. Hover over the **blue My Activities** bar at the top of the page and click on **Completed Activities**.
6. The top activity, **Employer Specific Program Completion**, is the proof for the wellness exam differential
7. If you have completed your exam, under **Activity**, you will see the words **Employer Specific Program Completion**, under **Date** there should be a date between 9/1/13 and the present, and under **Incentive Amount** you will see either \$30, if you **OR** your spouse (if covered) has completed an exam or \$60 if you **AND** your spouse have completed an exam.

***Please note that due to privacy laws your covered spouse will have to create their own account on the Blue Access for Members portal. A covered employee will not be able to review the covered spouses' claims history.

Should you have questions or need additional information, please contact Patricia Hinojosa, Benefits Specialist at 936-261-1727 or via email pvhinojosa@pvamu.edu