

V(A). Planned Program (Summary)

Program # 13

1. Name of the Planned Program

Fostering Strong Families

2. Brief summary about Planned Program

AgriLife Extension

Parenting and Dependent Care

The Parenting and Dependent Care program will focus on issues related to child care, elder care, and parent-child relationships. Specifically, this multi-faceted program seeks to improve the knowledge and skills of child care providers, professionals and volunteers working with the elderly, and parents through a variety of educational methods including one-on-one instruction, face-to-face conferences/workshops, newsletters, fact sheets, and online courses.

The Parenting and Dependent Care program supports the AgriLife Extension Roadmap goal to improve the health, nutrition, safety, and economic security of Texas families.

Family Financial Management

Three programs within the family financial security planned program area will be reported: Money Smart, the FDIC-developed curriculum that serves under-banked and less financially sophisticated audiences, Wi\$eUp, the national financial education program developed originally for the U.S. Department of Labor - Women's Bureau by Texas AgriLife Extension that targets Generations X and Y, with special emphasis on women ages 22-35, and Welcome to the Real World, a financial reality simulation exercise for youth audiences.

The Family Financial Management program supports the AgriLife Extension Strategic Plan goal to improve the health, nutrition, safety, and economic security of Texas families.

Cooperative Extension Program

Bullying Programs

This program provides educational and technical information to limited resource families to strengthen family systems, increase resiliency, and reduce bullying. This program engages parents and their children in informal learning activities and guidance to access available resources.

Family Financial Management

This program provides educational and technical information to limited resource families to strengthen family systems and resiliency through information to develop an understanding of how individuals and families obtain and use resources of time, money and human capital to achieve their standard of living and overall quality of life.

Parenting

If the future of our society is our children, then the key to that future rests primarily with parents and teachers. Parenting, though still one of the most underrated jobs in society, is beginning to attract some of the attention and consideration it deserves. Success at any job first requires a sound understanding of its purpose. The basic purpose of parenting has not changed throughout history. We can state it like this: The purpose of parenting is to protect and prepare our children to survive and thrive in the kind of society in which they live. The Active Parenting curriculum will be used focusing on these three lessons: Chapter 1:

Communication and Cooperation; Chapter 2: Discipline and Responsibility; Chapter 3: Power, Courage, and Self-Esteem

AgriLife Extension and Cooperative Extension Program

Passenger Safety Programs

The Child Passenger Safety Program works to reduce deaths and injuries from motor vehicle crashes by increasing the proper use of child restraints and safety belts. The project's emphasis is increasing the use of child safety seats across Texas.

The Child Passenger Safety program supports the AgriLife Extension Roadmap goal to improve the health, nutrition, safety, and economic security of Texas families.

3. Program existence :

- New (One year or less)
- Intermediate (One to five years)
- Mature (More than five years)

4. Program duration :

- Short-Term(One year or less)
- Medium-Term (One to five years)
- Long-Term (More than five years)

5. Expending formula funds or state-matching funds :

- Yes
- No

6. Expending other than formula funds or state-matching funds :

- Yes
- No

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
801	Individual and Family Resource Management	0%	50%	0%	0%
802	Human Development and Family Well-Being	100%	50%	0%	0%
	Total	100%	100%	0%	0%

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

AgriLife Extension

Parenting and Dependent Care Programs

Changes in family life over the last several decades have influenced the ability of family members to adequately address the needs of children and aging adults. Families need access to research-based educational resources and training programs to assist them in their job of raising responsible citizens. According to recent statistics, over 1/4 of today's children reside in single-parent households where they are much more likely to experience poverty. Nearly 5 million infants, young children, and teens live in households headed by a grandparent. Over 20 million children are currently living apart from their biological fathers. Researchers have found that children who grow up with absent fathers are at a greater risk to a host of negative outcomes (e.g., poverty, school failure, child abuse, suicide, criminal behavior, early sexual activity, and drug and alcohol abuse). These risks diminish substantially when children grow up with an active and loving father in the home.

Child maltreatment rates in the U.S. remain extremely high. In 2011, 3.4 million referrals of abuse or neglect, involving 6.2 million children, were received by Child Protective Services (U.S. Department of Health and Human Services, 2012). More than 80% of substantiated child maltreatment cases occurred at the hands of a parent or parents. Parenting programs that provide education and skills training to parents covering a variety of topics (e.g., child development, communication, nutrition, health and safety, etc.) have been demonstrated to be effective in reducing child maltreatment rates.

As families have changed over the last several decades, so has the demand for quality child care. Sixty-seven percent of children under age 5 receive some form of child care on a regular basis from persons other than their parents (Child Care Aware, 2012). The Texas Workforce Commission (TWC) estimates that there are over 100,000 child care providers caring for more than 760,000 children under the age of 13 in licensed or regulated child care facilities in the state of Texas (TWC, 2003). Having a well-trained child care workforce is essential to providing the high quality child care that children need to develop physically, socially, emotionally, and cognitively. Texas has the 5th largest population of older adults in the U.S. Many elderly are unable to care for themselves due to illness or age-related disabilities (e.g., Alzheimer's Disease) and, therefore, rely upon family members, volunteers, and eldercare professionals to provide information, resources, and day-to-day care and support.

Family Financial Management Programs

The mission statement of the FY11 - F15 Texas AgriLife Strategic Plan is "improving the lives of people, businesses, and communities across Texas and beyond through high-quality, relevant education." The vision is "to be the premier provider of relevant continuing education, developed through grassroots issue identification, with stakeholder involvement in planning and delivery." One major imperative of the Strategic Plan is to improve the health, nutrition, safety, and economic security of Texas families. One of the goals is helping families and individuals management their resources and two of the specific strategies are to continue to provide outreach education through the Money Smart Program and Wi\$eUp - Financial Planning for Generation X and Y Women. An additional strategy is Welcome to the Real World, a hands-on financial simulation exercise developed for a youth audience and intended as a capstone experience for youth who are learning about financial education. Personal financial literacy is required in Texas as a condition of graduation from high school. In 2011, Texas AgriLife Extension conducted an issue identification process with direction from the Leadership Advisory Boards in each county involved 5,639 community leaders in face-to-face forums and an additional 3,382 who provided web-based input. Of the 14 issues related to families and health, family financial management was identified as the second most frequently identified issue, thus providing direction for future educational programming.

Cooperative Extension Program

Bullying Efforts

Families face critical challenges and issues from economic, both parents in the work place, teenage pregnancies, increasing violence against youth, increased single-parent families, and educational and societal influences. Regardless of resources, families want to spend and save wisely, rear children to be productive citizens, and demonstrate positive family and community changes.

Family Financial Management Programs

Families face critical challenges and issues from economic, both parents in the work place, teenage pregnancies, increasing violence against youth, increased single-parent families, and educational and societal influences. Regardless of resources, families want to spend and save wisely, rear children to be productive citizens, and demonstrate positive family and community changes.

Over the past three years bankruptcy in Texas is increasing. Approximately 12% of local households reported annual income of less than \$15,000. To avoid financial crisis and obtain satisfaction from income, individuals and families must have a tailored money management plan. Strong families are the foundation for quality communities and a nation with a positive future.

AgriLife Extension and Cooperative Extension Program

Passenger Safety Programs

Traffic crashes are the leading cause of death for children ages 3 and up. Although safety belts and child restraints are the single-most effective tool in reducing these deaths and injuries, nationally more than half of children killed in vehicle crashes are unrestrained. Minority children are at a greater risk of being unrestrained. Studies show that 73 percent of child safety seats are used incorrectly. To date, this project has inspected over 12,795 child safety seats, seeing a misuse rate of 99 percent.

2. Scope of the Program

- In-State Extension
- In-State Research
- Multistate Research
- Multistate Extension
- Integrated Research and Extension
- Multistate Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

AgriLife Extension

Parenting and Dependent Care Programs

The quality of care that children and aging adults receive has a direct impact on their quality of life. Child care providers, eldercare volunteers and professionals, and parents can improve the quality of care that they provide for children and adults by improving their knowledge and skills in each of these areas through educational opportunities that allow them to apply the information they have learned in practical settings. The Dependent Care and Parenting Program equips parents, volunteers, and professionals with the knowledge and skills they need to provide the best possible care to children and aging adults. In addition, child care and elder care professionals are required by the state of Texas to obtain clock hour credits and continuing education units to fulfill annual training requirements. The Dependent Care and Parenting Program provides a valuable resource to professionals to help them obtain the training they need to remain employed in their respective professions.

Family Financial Management Programs

Numerous studies and datasets document inadequate levels of financial literacy/financial capability - the knowledge and practices among youth and adults in the U.S. that enhance economic well-being. Especially significant are the concerns for future retirement security when people are unable or unwilling to save, or are unaware of future consequences. Needs are especially important for certain sub-groups of the population - "unbanked" consumers, women, and youth. The logic model implicit in financial education initiatives is based on changes in awareness, knowledge, propensity or intent to change behavior, and adoption of certain behaviors/practices. Ultimate program impacts, when possible, are expressed in dollar values, in order to provide an economic basis for the value or relevance of the programs conducted.

Cooperative Extension Program

It is assumed that extension staff will plan and implement educational programs to meet the diverse needs of families and staff will continue to network with local agencies and organizations to present money management and parenting education using a variety of teaching methods.

It is assumed that the Outcome and Output plans and logic model concept will produce results for youth and adults engaged.

AgriLife Extension and Cooperative Extension Program

Passenger Safety Programs

Proper use of child restraints reduces the risk of fatal injury in motor vehicle crashes.

2. Ultimate goal(s) of this Program

AgriLife Extension

Parenting and Dependent Care Programs

The primary goals of the Dependent Care and Parenting Program include:

1. To provide research-based information, resources, and programs to child care providers, elder care professionals and volunteers, and parents.
2. To improve the knowledge and skills of child care and eldercare professionals and parents so that they can provide quality of care for those they work with (e.g., children and aging adults).
3. To help child care and eldercare professionals obtain state-mandated clock hour credits and continuing education units.

Family Financial Management Programs

The primary goals of Family Financial Management Programs include:

1. To provide research-based information, resources, and educational programs to youth and adult audiences that will enable them to make financial decisions congruent with their needs and goals.
2. To improve the financial awareness, knowledge, and skills of unbanked adults, women, and youth, as well as other audiences.
3. To introduce strategies that enable consumers to increase savings and/or reduce debt.

Cooperative Extension Program

Bullying Programs

Families will enhance communication and parents will be empowered with information to access community and other resources needed to enhance their family infrastructure.

Family Financial Management Programs

The goals of this program are to: provide limited resource families with relevant financial information to develop skills in budgeting, savings and investing. Families will enhance communication and parents will be empowered with information to access community and other resources needed to enhance their family

infrastructure.

AgriLife Extension and Cooperative Extension Program

Passenger Safety Programs

Reduce deaths and injuries to children in motor vehicle crashes.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Extension		Research	
	1862	1890	1862	1890
2015	20.0	8.5	0.0	0.0
2016	20.0	8.5	0.0	0.0
2017	20.0	8.5	0.0	0.0
2018	20.0	8.5	0.0	0.0
2019	20.0	8.5	0.0	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

AgriLife Extension

Parenting and Dependent Care Programs

AgriLife Extension's Family Development and Resource Management Unit is committed to providing educational programs to support and strengthen Texas families. In the areas of parenting, child care, and dependent care, Extension offers a wide range of programs and resources to citizens across the state. Programs and resources include train-the-trainer workshops for professionals and volunteers, multi-session parent education workshops, 1-2 hour lectures, distance education workshops, self-study child care training guides, internet resources (e.g., online child care courses, fact sheets, research briefs, trend data, links to websites), and newsletters.

Family Financial Management Programs

Implement the Money Smart Financial Education Curriculum.
 Implement the Wi\$e Financial Planning for Generation X and Y Curriculum
 Implement the Welcome to the Real World Financial Simulation Activity

Cooperative Extension Program

Provide one-on-one consultations
 Conduct educational programs and classes
 Exhibit educational displays at various sites
 Use E-Bus to conduct education programs in counties

AgriLife Extension and Cooperative Extension Program

Passenger Safety Programs

County Extension agents and law enforcement officers trained and certified as child passenger safety technicians will conduct child safety seat checkup events in under-served rural areas of Texas. In addition, child safety seat fitting stations have been established at county Extension offices and fire/EMS departments to allow families additional access to certified technicians. When needed, a replacement seat is issued at no charge to parents and caregivers at checkup events and fitting stations.

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension	
Direct Methods	Indirect Methods
<input checked="" type="checkbox"/> Education Class <input checked="" type="checkbox"/> Workshop <input checked="" type="checkbox"/> Group Discussion <input checked="" type="checkbox"/> One-on-One Intervention <input type="checkbox"/> Demonstrations <input checked="" type="checkbox"/> Other 1 (Web-Based Courses) <input type="checkbox"/> Other 2	<input type="checkbox"/> Public Service Announcement <input type="checkbox"/> Billboards <input checked="" type="checkbox"/> Newsletters <input checked="" type="checkbox"/> TV Media Programs <input type="checkbox"/> eXtension web sites <input checked="" type="checkbox"/> Web sites other than eXtension <input type="checkbox"/> Other 1 <input type="checkbox"/> Other 2

3. Description of targeted audience

AgriLife Extension

Parenting and Dependent Care Programs

Target audiences for child care programming include adults and teens providing care for preschool and school-age children in family, center and school-aged settings. Target dependent care audiences include adults and teens providing care for adults and children who are unable to provide some portion of care for themselves due to illness or age-related disabilities. Programs and resources are accessible to target audiences regardless of gender, marital status, family status, race/ethnicity, income level, or educational level. It is estimated that 70% of this audience falls under the category of "low-income."

Family Financial Management Programs

Money Smart: unbanked, less financially-sophisticated consumers.
 Wi\$eUp:Generations X and Y, with emphasis on women ages 22-35.
 Welcome to the Real World Financial Simulation: high school age youth.

Cooperative Extension Program

Minority families and individuals
 Senior adults
 Single parents
 Limited resource families
 College students
 Individuals who have experienced job loss
 Teen parents

AgriLife Extension and Cooperative Extension Program

Passenger Safety Programs

Under-served residents of rural areas in Texas.

V(G). Planned Program (Outputs)

NIFA no longer requires you to report target numbers for standard output measures in the Plan of Work. However, all institutions will report actual numbers for standard output measures in the Annual Report of Accomplishments and Results. The standard outputs for which you must continue to collect data are:

- Number of contacts
 - Direct Adult Contacts
 - Indirect Adult Contacts
 - Direct Youth Contacts
 - Indirect Youth Contact
- Number of patents submitted
- Number of peer reviewed publications

Clicking this box affirms you will continue to collect data on these items and report the data in the Annual Report of Accomplishments and Results.

V(H). State Defined Outputs

1. Output Measure

- Number of group educational methods conducted.

Clicking this box affirms you will continue to collect data on these items and report the data in the Annual Report of Accomplishments and Results.

V(I). State Defined Outcome

O. No	Outcome Name
1	Percentage of child care providers who increase their knowledge of child care best practices as a result of participating in child care provider training's.
2	Percentage of dependent care providers who increase their knowledge of dependent care best practices as a result of participating in depend care training's.
3	Percentage of parents who increase their knowledge of parenting practices as a result of attending parenting training's.
4	Percentage of fathers (father-figures) who increase the amount of time spent reading to their children.
5	Number of participants who increase knowledge on financial management.
6	Number of participants who reduced debt and increased savings.
7	Number of car seats inspected.
8	Number of limited resource clientele who gained knowledge about improving their financial stability by reducing debt and increasing savings.

Outcome # 1

1. Outcome Target

Percentage of child care providers who increase their knowledge of child care best practices as a result of participating in child care provider training's.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension
- 1890 Research

Outcome # 2

1. Outcome Target

Percentage of dependent care providers who increase their knowledge of dependent care best practices as a result of participating in depend care training's.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension

- 1890 Research

Outcome # 3

1. Outcome Target

Percentage of parents who increase their knowledge of parenting practices as a result of attending parenting training's.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension
- 1890 Research

Outcome # 4

1. Outcome Target

Percentage of fathers (father-figures) who increase the amount of time spent reading to their children.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension

- 1862 Research
- 1890 Extension
- 1890 Research

Outcome # 5

1. Outcome Target

Number of participants who increase knowledge on financial management.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension
- 1890 Research

Outcome # 6

1. Outcome Target

Number of participants who reduced debt and increased savings.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension
- 1890 Research

Outcome # 7

1. Outcome Target

Number of car seats inspected.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension
- 1890 Research

Outcome # 8

1. Outcome Target

Number of limited resource clientele who gained knowledge about improving their financial stability by reducing debt and increasing savings.

2. Outcome Type :

- Change in Knowledge Outcome Measure
- Change in Action Outcome Measure
- Change in Condition Outcome Measure

3. Associated Knowledge Area(s)

- 801 - Individual and Family Resource Management
- 802 - Human Development and Family Well-Being

4. Associated Institute Type(s)

- 1862 Extension
- 1862 Research
- 1890 Extension
- 1890 Research

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)
- Other

Description

Parenting and Dependent Care Programs

Numerous factors could potentially influence the expected outcomes from the Dependent Care and Parenting Program. Adequate funding is needed to support the overall program. If funding is decreased (due to appropriation changes) the program would have to be reduced in size and scope. If funding is increased, the program could be expanded to reach a broader audience across the state of Texas. Public priorities change over time and this could impact the specific issues that are addressed by the program. Finally, demographic changes in the state of Texas could impact how programs are delivered (e.g., need for culturally appropriate training, Spanish language resources, etc.).

Family Financial Management Programs

Continued economic uncertainty at all levels (local, state, national and global) is likely to increase demand for programming on financial topics. Financial security concerns of individuals and families may increase, especially for future retirement income security and for the cost of higher education, resulting in a re-direction of some family financial security information and education. Educational requirements for personal finance education as a requirement of high school graduation in Texas and a new requirement for K-8 financial education may increase involvement with local educational authorities.

Competing public priorities and programmatic challenges will influence the extent to which viable program offerings can be made available by Extension.

The 2010 Census results for Texas reveal a larger growing population - demographic changes will drive how Extension programming will reach audiences needing to increase financial knowledge and skills.

Passenger Safety Programs

Any of the above factors could increase or decrease the output numbers identified. This is a project funded by the Texas Department of Transportation and without continued funding, the project could not continue, for example.

V(K). Planned Program - Planned Evaluation Studies

Description of Planned Evaluation Studies

The common strategies employed for evaluation studies involve the use of both pre/post and retrospective studies, and follow-up studies. Use of these strategies will be contingent upon the type of data to be collected and the target audience. The number of child safety seats properly installed at the beginning of the checkup event or when coming to a fitting station will be used to determine the percentage of seats being used properly by participating families.