

SEPTEMBER NEWSLETTER | VOL. 1

Embracing Sustainability and Preparing for the New School Year

Greetings Panthers 😊

As we approach the end of summer and the beginning of a new academic year, we are excited to bring you the latest news and updates from our vibrant campus community. We have some new exciting additions to our campus infrastructure that we cannot wait to share with you!



Embracing Environmental Sustainability: Tips for a Greener Campus Life

Here at PVAMU, we believe in fostering an eco-conscious environment. As we prepare for the upcoming school year, let's all commit to taking small, yet impactful steps towards sustainability! Here are a few tips to get started:

1. ****Reduce, Reuse, Recycle:**** Embrace the three R's of sustainability by reducing waste, reusing items whenever possible, and recycling materials
2. ****Conserve Energy:**** Be mindful of your energy consumption by turning off lights, unplugging electronics when not in use, and utilizing natural lighting
3. ****Go Digital:**** Opt for digital textbooks and study materials to reduce paper usage. Additionally, consider using electronic devices to take notes instead of traditional paper and pen.
4. ****Choose Sustainable Transportation:**** Carpool, Utilize Shuttles around campus, biking/walking around campus whenever possible. Not only does this reduce carbon emissions, but it also promotes a healthier self lifestyle
5. ****Water Conservation:**** Conserve water by taking shorter showers, turning faucets off when brushing teeth

By incorporating these simple yet impactful practices into our daily lives, we can collectively contribute to a greener and more sustainable campus.

QUICK TIPS FOR A GREENER CAMPUS

- ✓ **Reduce, Reuse, Recycle:** Embrace the Three R's by reducing waste, reusing items when possible, and recycling materials.
- ✓ **Conserve Energy** by turning off lights, unplugging electronics when not in use, and utilizing natural lighting.
- ✓ **Conserve Water** by taking shorter showers and turning faucets off when brushing teeth.
- ✓ **Go Digital:** Opt for digital textbooks and study materials to reduce paper usage.
- ✓ **Carpool:** Utilize shuttles, biking, and walking around campus whenever possible.



Exciting Additions to Our Campus: MAMAVA Pods and Elkay Water Stations

We are thrilled to announce the newest additions to our campus infrastructure. Thanks to our commitment to creating an inclusive and sustainable environment, we have introduced new state-of-the-art MAMAVA Pods and Elkay water stations throughout the campus.

The MAMAVA Pods are specially designed lactation suites that provide a comfortable and private space for our nursing mothers.



These pods are equipped with features such as:

- ✓ Ceiling vents and exhaust fan
- ✓ Keyless mobile entry
- ✓ Dual outlets and USB ports
- ✓ Spacious seating and much more!

In addition, Elkay water stations have been installed across campus to provide students, faculty, and staff with convenient access to clean, refreshing water. These stations are equipped with advanced filtration systems to promote hydration and reduce the use of single-use plastic bottles.



We are proud to offer these new amenities as we try to enhance our commitment to sustainability, accessibility, and the well-being of our illustrious campus. As we bid farewell to summer and prepare to start a new academic year, we wish you a wonderful August and a successful start to the upcoming semester.

Stay tuned for more updates and exciting news from PVAMU, Go Panthers!

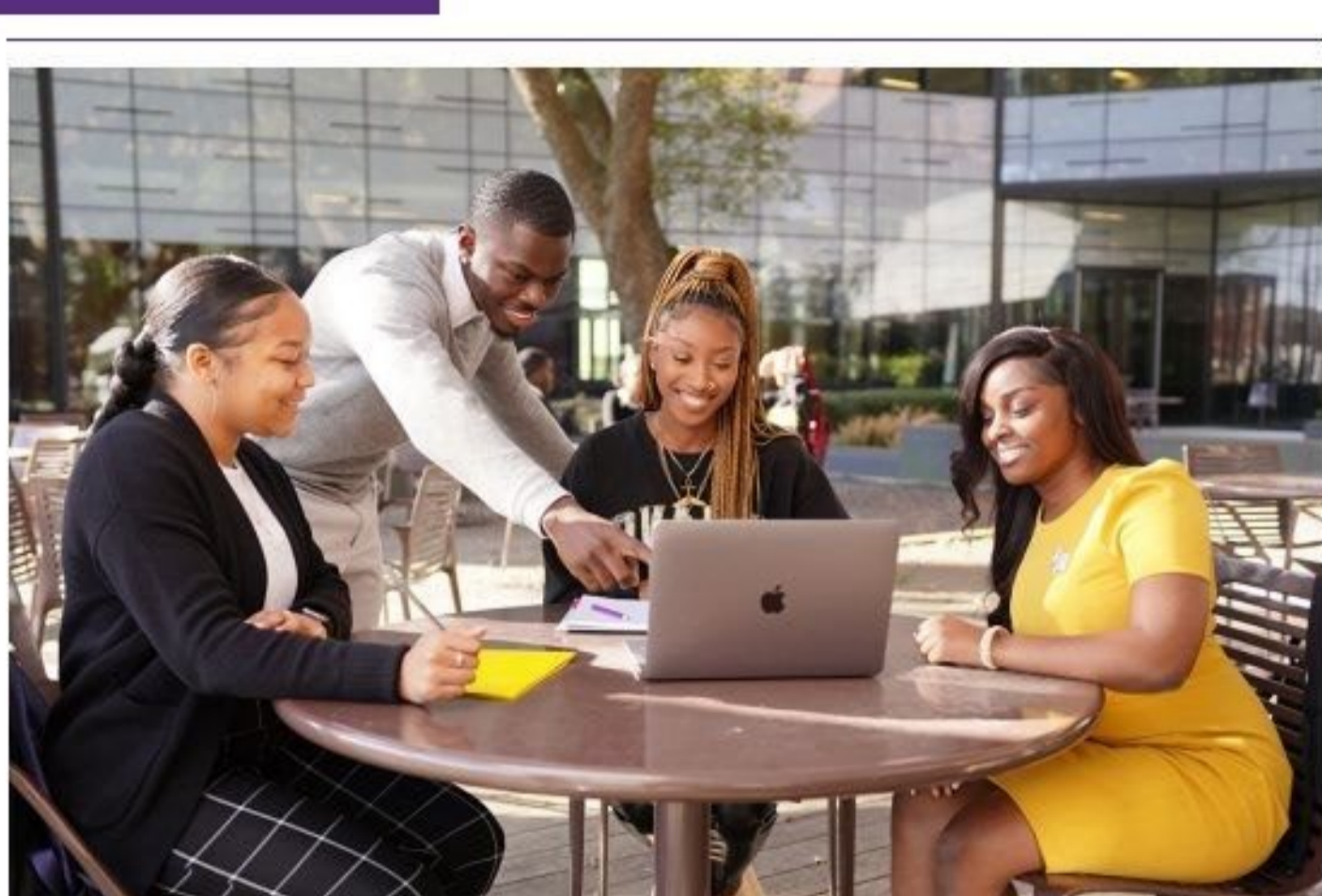
QUICK TIP

WHERE CAN I FIND
THE MAMAVA PODS
ON CAMPUS?

The **MAMAVA PODS** can be found in the following locations on campus:

- ✓ **MSC Second Floor**
- ✓ **May Hall**

[CLICK HERE](#) to Download the Mamava Pod Mobile App



TIPS FOR A GREENER CAMPUS

- ✓ **Get Organized:** Invest in a planner to manage your schedule & assignments.
- ✓ **Check Classrooms prior to the 1st day.** Save yourself time and familiarize yourself with our buildings. Professors are encouraged to check/set up computers in classrooms.
- ✓ **Set goals** and take some time to reflect on your academic and personal goals for the upcoming year.
- ✓ **Utilize Campus Resources:** Campus resources are designed to assist you in achieving your academic & personal goals. Familiarize yourself with the various resources available on campus, such as tutoring services, career counseling, and student support centers.

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