

**Brigid A. Wilson, PhD**

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**Education**

- 2007            Capella University, Minneapolis, MN  
                  Doctorate of Philosophy, Human Services
- 2004            Texas A&M University, College Station, TX  
                  Masters of Science, Kinesiology
- 1990            University of Nevada – Las Vegas, Las Vegas, NV  
                  Bachelors of Science, Education

**Teaching**

**PHED 5133** Curriculum  
**PHED 5353** Mainstreaming in HPERD  
**PHED 5503** Teaching Physical Education

**Research and Scholarship**

- Childhood Obesity-A micro and macro social system issue.
- The role of family in obesity prevention and intervention.
- Roux-y-en gastric bypass surgery's weight loss affect on self-esteem.
- Weightism: Elucidation of discrimination and its affect on the self.
- Investigating obese individuals' differences in weight loss treatments.
- The causation, manifestations, and theories associated with obese discrimination.
- Development of a group psycho-educational program as an obesity intervention.

**Service**

Head of Delegation, Sheldon Special Olympics  
Volunteer, Big Brothers – Big Sisters  
Coach, YMCA  
ESL Teacher, University of St. Thomas  
Volunteer, Best Buddies  
Student Teacher Supervising Teacher, Spring ISD