## HUPF 1301- Weight Training Written Report

Student completing written reports from subject research.

<table>
<thead>
<tr>
<th>Element</th>
<th>Levels of Performance</th>
</tr>
</thead>
</table>
| 1. Student demonstrates ability to create grammatically correct sentences. | __Target(3)  
<em>Student demonstrates ability to create grammatically correct sentences.</em>   |
|                                                                        | __Acceptable(2)  
<em>Student demonstrates ability to create grammatically correct sentences majority of the time.</em> |
|                                                                        | __Unacceptable(0-1) <em>Student does demonstrates ability to create grammatically correct sentences.</em> |
| 2. Student is able to demonstrate subject knowledge.                     | __Target(3)  
<em>Student demonstrates full knowledge of the intended subject.</em> |
|                                                                        | __Acceptable(2)  
<em>Student demonstrates knowledge of the intended subject majority of the time.</em> |
|                                                                        | __Unacceptable(0-1) <em>Student does demonstrates any knowledge of intended subject.</em> |
| 3. Organization of information.                                         | __Target(3)  
<em>Student presents information in a logical and interesting sequence.</em> |
|                                                                        | __Acceptable(2)  
<em>Student presents information in a logical and interesting sequence majority of the time.</em> |
|                                                                        | __Unacceptable(0-1) <em>Student does present information in a logical and interesting sequence.</em> |