Write your personal theory of counseling and/or develop a model of counseling which reflects your personal belief. Your personal theory is based on your background, your assumptions about people, and how you conceptualize growth and development as well as your readings in this course. Your personal theory should indicate from which theory you are drawing upon. Your personal theory and model may include but are not limited to the provided topics.

<table>
<thead>
<tr>
<th>Element</th>
<th>Levels of Performance</th>
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<tbody>
<tr>
<td>1. Write a personal theory</td>
<td>__Target(3) Scholarly written; 8 or more pages; 100% of content</td>
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<tr>
<td></td>
<td>__Acceptable(2) Scholarly written; 5 -7 pages; 75% of content</td>
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<td></td>
<td>__Unacceptable(0-1) Poorly written; less than 3 pages; 50% of content</td>
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<td>2. Scholarly Written</td>
<td>__Target(3) Critical Thinking</td>
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<td></td>
<td>__Acceptable(2) Demonstrate understanding</td>
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<td></td>
<td>__Unacceptable(0-1) Lack understanding</td>
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<tr>
<td>3. Correct use of the APA Style</td>
<td>__Target(3) APA Style was used correctly</td>
</tr>
<tr>
<td></td>
<td>__Acceptable(2) APA Style was used with some errors</td>
</tr>
<tr>
<td></td>
<td>__Unacceptable(0-1) APA Style was not used or used with too many errors</td>
</tr>
<tr>
<td>4. &lt;p&gt;Complete and Correct Documentation and Citation of References&lt;/p&gt;</td>
<td>__Target(3) Documentation was complete and References were cited using the APA style</td>
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