

## **THE NIGHT BEFORE**

There is an important list of things you should do before the exam to improve your score and your state of mind.

- Relax – Relax – Relax
- Eat a good normal dinner.
- Some test-takers go out to get their minds off the exam. Others feel better with a last minute review of difficult concepts.
- Plan ahead for travel for difficulties: Better ½ hour early than 1 minute late.
- Know where you put your test kit.
- Get a good night's rest.