

THE MORNING OF THE TEST

- Avoid feeling rushed or pressured – have your test kit at hand.
- Set your alarm to leave yourself enough time so you can relax.
- Have a good normal breakfast.
- Avoid too large a breakfast
- Go through your test material check list.
- Take your material kit.
- Leave early, as planned.
- Make sure you are in the correct room!
- Locate a quiet area, away from distractions.
- Find a comfortable seat.
- Check your watch to confirm it has the correct time.
- Before the test begins, check that your name and address are correct on all forms.
- Lay out all the things you need – pencils, erasers, watch etc...on your desk.
- Remind yourself about the time you have for each question in a given section.